Managing Cardiovascular Disease in the Elderly

October 8 – 11, 2007
Christ Church, Barbados
Message from the Minister of Health, Barbados,
Dr. The Honorable Jerome X. Walcott

The Government of Barbados welcomes the International Regional and Local participation to the first Invitational Continuing Education Seminar on “Managing Cardio-vascular Diseases in the Elderly Population in the Caribbean.”

This joint effort in collaboration with Duke University Medical Centre, the Duke University School of Nursing and the Pan American Health Organization, Office of Caribbean Program Coordinator is a laudable and timely event.

Indeed we have all witnessed significant improvements in the health status of our people, having seen the transition from a profile of infectious and parasitic diseases as well as nutritional diseases to that of Chronic Non Communicable Diseases ( lifestyle related) over the past half century.

While there have been Global efforts, today lends credence to continued global efforts. As Minister of Health and Chairman of the Working Group on PAHO in the 21st Century, I have a dual responsibility to ensure that the challenges of health care are appropriately addressed as well as to safeguard the national wellbeing of the Barbadian population.

The Government of Barbados acknowledges that there must be a national strategy employed to address the challenges of Chronic Non Communicable Diseases at the individual and state level.

The strategies employed so far, include the establishment of a Chronic Non-Communicable Disease (CNCDs) Commission, and a Task Force. The ultimate goal of which is to reduce morbidity and mortality associated with the CNCDs.

The emphasis on cardiovascular diseases is critical within the Barbadian context as these and related diseases have been recognized for sometime as the main cause of morbidity and mortality amongst our population.

In addressing this challenge the recognition of the role to be played by you, the health care workers is very important. You are the personificators of the health system, core values of healing and caring for people as well as preventing diseases and mitigating risks. You are the human link that connects knowledge to health actions.

As professionals it is critical that you are empowered through continued training to deliver appropriate, effective quality care to our elderly people who have contributed to the social and economical development of our nations.

We therefore look forward to the results and recommendations made from your deliberations and hope you find time to enjoy the tranquility and the pristine shores of Barbados.

Jerome X. Walcott
Minister of Health
Managing Cardiovascular Disease in the Elderly

Duke University School of Nursing: Office of Global & Community Health Initiatives and the Pan American Health Organization: Office of Caribbean Program Coordination

Present An Invitational Continuing Education Conference on

Managing Cardiovascular Disease in the Elderly

October 8 – 11, 2007
The Accra Hotel and Beach Resort
Christ Church, Barbados
The Duke University Medical Center and the Duke University School of Nursing, in collaboration with the Pan American Health Organization Office of Caribbean Program Coordination, welcome you to the First Invitational Continuing Education Conference on Managing Cardiovascular Disease in the Elderly. This conference is the result of our mutual desire to holistically address the complex, multi-dimensional problems of heart disease and aging.

Duke University is committed to reducing health disparities abroad and in our own communities through research, teaching, and service programs. Using our strengths in research and the translation of that research, we aim to address the imbalances and injustices in health care access and health outcomes that exist globally. Likewise, we strive to develop and incorporate into our academic programs global health initiatives and opportunities to serve and volunteer in developing countries.

The success of any global program occurs only through the spirit, commitment, and functional reality of true partnerships. To succeed—to identify the concerns and address the challenges of attaining a full measure of health—communities and countries that likewise seek committed relationships with others must collaborate. We, like you, recognize that the solution to poor health is much greater than improved health practices; it will also require the triangulation of other factors—social, economic, cultural, and political.

Hence, in addressing the Caribbean’s high priority health problems of cardiovascular disease and aging, this conference reflects the integration of the social, economic, cultural, and political dimensions of health. The agenda, the diversity of presenters, and opportunities for thoughtful problem-solving across multiple disciplines are the result of our shared expertise, from the Caribbean and from Duke, in determining the needs at hand and the collaborative engagement necessary to address them.

We congratulate you on this initial stage of partnership building, the implementation of a shared strategy to improve the workforce and the care and management of elder Caribbean’s with cardiovascular disease and its co-morbidities. It is our hope that this initiative will flourish and expand in its significance to improve health outcomes for at-risk populations worldwide.

Best wishes for a successful conference,

Catherine L. Gilliss, DNSc, RN, FAAN
Dean, Duke University School of Nursing
Vice Chancellor for Nursing Affairs

Victor J. Dzau, MD
Chancellor for Health Affairs
President & CEO of the
Duke University Health System
The non-communicable diseases such as cardiovascular disease are the leading causes of mortality and morbidity for the Caribbean region and represent major priorities for the Governments of the Caribbean region. The detrimental impacts of the non-communicable diseases are seen not only at the individual levels, but are also visible at the levels of our families and communities. This is especially evident among our vulnerable populations, including the elderly in the CARICOM states. These impacts and their societal costs are clearly CARICOM-level priorities, as determined by the recent CARICOM Heads of Government Summit on Non-Communicable Diseases, held in Trinidad in September 2007. The realities of these disease and economic burdens, along with reduced quality of life borne by citizens of CARICOM states, and their detrimental impact on development, are major issues identified for immediate action by the Heads of Government in the CARICOM region.

The launching of these series of Caribbean-based continuing education conferences in partnership with the Duke University Medical Center and the Duke University School of Nursing is both timely and strategic. These conferences will provide an invaluable contribution and solid foundation for regional efforts to build leadership, and strengthen regional capacity and infrastructure to prevent and manage chronic diseases. The global partnership between Duke University and the Pan American Health Organization-Office of Caribbean Program Coordination represents strategic action to facilitate and promote coordinated and trans-sectoral CARICOM-wide action to prevent, manage and reduce the disease burden due to the non-communicable diseases.

This first continuing education conference represents part of the planned approaches being used by the Office of Caribbean Program Coordination where regional technical cooperation will support country-level activities. This fits into our approach of enhancing evidence-based strategies for policy development, capacity enhancement and leadership to address chronic diseases within the context of regional Declarations and Charters to promote regional development. Therefore, our work in partnership with Duke University lies not only within the context of the Caribbean Single Market and Economy, but also supports and facilitates recent regional Declarations and Charters that have been signed by the CARICOM Heads of Government to promote healthy societies for the CARICOM region.

This conference is partly grounded in, and supports, the Declaration of Nassau and the Caribbean Charter on Health and Aging. The Caribbean Charter on Health and Ageing was launched in Guyana on October 30th, 1999. The guiding principle of this Charter is a systematic and coordinated approach “to ensure the health and full integration and participation of older persons in Caribbean societies and economies.” The components of this Charter facilitate primary care and health promotion, economic security, employment and other productive activities for health ageing, and encompass supportive environments for older persons at home.

The PAHO Office of Caribbean Coordination joins with the Ministry of Health, Barbados, Duke University Medical Center and the Duke University School of Nursing in welcoming all participants to this invitational conference and look forward to working in partnership to reduce the burden of cardiovascular diseases in the Caribbean.

Dr. Bernadette Theodore-Gandi
Caribbean Program Coordinator
Pan American Health Organization
CONFERENCE OBJECTIVES

1. Increase the capacity of providers of care in institutional settings and educators to influence the functional and clinical outcomes of care for the elderly in the Caribbean with Cardiovascular Disease (CVD) and its related co-morbid illnesses through the delivery and translation of culturally appropriate and evidenced-based care strategies.

2. Increase the capacity of institutional care providers and educators to improve the educational base for care to promote coping strategies among family members in the transition from hospital to home-based care for elderly clients with CVD and its related co-morbidity.

3. Analyze various evidenced-based models and related policy provisions for strengthening the continuity of care between institution and home-based settings for elderly patients with CVD and its related co-morbidity.

4. Engage interdisciplinary participants in collaborative data gathering and strategy sessions to build knowledge and set priorities to inform the agenda and conference focus for Year 02 on strengthening capacity for the delivery and facilitation of care in the community for elderly clients with CVD and its related co-morbidity.
CONFERENCE AGENDA

MONDAY, OCTOBER 8

OPENING CEREMONY
Khairoon Room
Moderator: Dr. Bernadette Theodore-Gandi
Caribbean Program Coordinator,
Pan American Health Organization - World Health Organization

6:00 – 7:30 PM

Welcoming Remarks
Dr. Bernadette Theodore-Gandi
Dr. Catherine Lynch Gilliss
Dean, Duke University School of Nursing and
Vice Chancellor for Nursing Affairs

Keynote Address
The Challenges of Managing Cardiovascular Disease and Its Related Co-Morbidities among the Elderly in the Caribbean
Sir George Alleyne, Chancellor, University of the West Indies (invited)

Response
The Potential of International Partnering in Addressing the Challenges of Cardiovascular Disease Management and Control among the Elderly in the Caribbean
Dr. Dennis Clements, Senior Advisor, Duke Global Health Institute, Duke University
Dr. Joy St. John, Chief Medical Officer, Barbados and Representative for COHSOD

Opening Remarks
Dr. Jerome Walcott, The Honorable Minister of Health, Barbados

7:30 – 9:00 PM

RECEPTION AND CARIBBEAN ENTERTAINMENT

TUESDAY, OCTOBER 9

PLENARY SESSION I
Khairoon Room
Moderator: Dr. Gillian Barclay
Sub-regional Advisor, Human Resource Development
Pan American Health Organization
Office of Caribbean Program Coordination

8:30 – 9:30 AM

Cardiovascular Disease, Related Co-Morbidities and Aging: An Equation for Multi-dimensional / Multi-sector Management
Anselm Hennis, MB, BS, MSc, MRCP, PhD, Senior Lecturer in Epidemiology, University of the West Indies, School of Clinical Medicine and Research

9:45 – 10:45 AM

Shifting Paradigms: Social and Cultural Context of Caring for the Elderly with Chronic Syndromes
Dr. Kirsten Corazzini, Assistant Professor of Nursing, Duke University School of Nursing
Dr. Joan Rawlins, Senior Lecturer in Medical Sociology and Head of Public Health, University of West Indies, St. Augustine, Trinidad

10:45 – 11:15 AM

BREAK
PLENARY SESSION I
Khairoon Room

11:15 – 12:15 PM
Promoting Prevention along Trajectories of Cardiovascular Disease in the Elderly

Dr. Eleanor McConnell, Associate Professor and Program Director, Geriatric Nurse Practitioner Program, Duke University School of Nursing

Dr. Bradi Granger, Clinical Nurse Specialist, Duke Heart Center, Duke University Hospital

12:15 – 1:45 PM
BUFFET LUNCH

CONCURRENT AFTERNOON SESSIONS

SESSION A
1:45 – 3:00 PM
Challenges of Managing CVD in the Elderly Population in Hospital Settings
Karol S. Harshaw-Ellis, Physician Extender, Division of Cardiology, Duke University Medical Center
Dr. Karen Alexander, Associate Professor of Cardiology, Duke University Medical Center

SESSION B
1:45 – 3:00 PM
Promoting Quality of Life: Managing Incontinence
Deborah Lekan, Assistant Clinical Professor, Duke University School of Nursing

SESSION C
3:00 – 3:15 PM
BREAK

SESSION D
3:15 – 4:30 PM
Diagnoses, Management, Treatment, and Prevention of CVD: A Focus on Congestive Heart Failure
Dr. Karen Alexander

Moderator: Deborah Lekan
Promoting Quality of Life: Prevention in Elderly with Cardiovascular Disease
Dr. Eleanor McConnell

BUFFET DINNER

WEDNESDAY, OCTOBER 10
PLENARY SESSION II
Khairoon Room

8:30 – 10:00 AM
Integrated Models of Care: Bridging the Hospital, the Home and Long Term Care
Karol S. Harshaw-Ellis
Beverley Lansiquot, Chair, Sir Arthur Lewis Community College School of Nursing, St. Lucia

10:00 – 10:15 AM
BREAK
PLENARY SESSION II
Khairoon Room
10:15 – 11:30 AM
Coordinated Care for the Elderly with Cardiovascular Disease and Its Related Co-Morbidities: Policies, Challenges and Opportunities
Dr. Donald H. Taylor, Assistant Professor of Public Policy, Stanford Institute of Public Policy, Duke University and Assistant Professor of Community and Family Medicine, Duke University Medical Center
Dr. Trevor Hassell, Cardiologist and Director of Medical Services, Queen Elizabeth Hospital, Barbados

11:30 – 1:30 PM
LUNCH
Moderator: Dr. Dorothy L. Powell
History in the Making: All Hands on Board
Kevin Sowers, Chief Operating Officer, Duke University Hospital

SESSION E
1:30 – 3:00 PM
Khairoon Room East
Hospital and Home: Managing Transition and Continuity of Care for Elders
Dr. Cristina Hendrix, Assistant Professor of Nursing, Duke University School of Nursing

SESSION F
1:30 – 3:00 PM
Khairoon Room West
Improving Communication between Formal and Informal Care Givers
Dr. Maisha Emmanuel, Lecturer in Psychiatry, University of the West Indies, Barbados
Dr. Carla Gene Rapp, Assistant Professor of Nursing, Duke University School of Nursing

SESSION G
1:30 – 4:30 PM
Karissa Room
Analysis of Integrated Models of Care for the Elderly with Cardiovascular Disease: An Economic Focus
Kevin Sowers
Roger McLean, Lecturer, Health Economics, University of West Indies, St. Augustine, Trinidad

3:00 – 3:15 PM
BREAK

SESSION H
3:15 – 4:45 PM
Khairoon Room East
Promoting Quality of Life: Prevention and Management of Delirium in Cardiovascular Disease
Dr. Carla Gene Rapp

SESSION I
3:15 – 4:45 PM
Khairoon Room West
Use of Distance-based Education to Develop Capacity for Prevention and Management of Cardiovascular Disease in the Elderly
Dr. Hermi Hewitt, Head and Senior Lecturer, Faculty of Nursing, University of West Indies at Mona, Jamaica
Deborah Lekan

5:30 – 6:30 PM
BUFFET DINNER
THURSDAY, OCTOBER 11

8:00 – 11:00 AM
THINK TANK GROUP SESSIONS
Building Consensus on Models and Programs for Coordinated Care Across Hospital, Home and/or Long-Term Care Facilities
Facilitator-led Interdisciplinary Think Tank Groups (A-E)
Group A  Khairoon Room East  James McPherson, MBA, JD
Group B  Khairoon Room West  Joan E. Bishop, MA
Group C  Karissa Room  Kathleen M. Sarkar, MSc.
Group D  Leanna Room  Cynthia J. Rennie, MS, PDt.
Group E  Leanna Board Room  Cheryl McKenzie-Cook, BA, Dip., Ed.

11:15 – 12:15 PM
BUFFET LUNCHEON

12:30 – 1:30 PM
REPORTING-OUT: THINK TANK SESSIONS ON BUILDING CONSENSUS
Khairoon Room

1:30 – 2:00 PM
BREAK

2:00 – 3:00 PM
FOCUS GROUPS: Setting Agenda for Year 02
Input for Year 02 Conference: Focus on Community-based Programs for Elderly with Cardiovascular Disease and Related Co-morbidities
Interdisciplinary Focus Groups (A-E)
Group A  Khairoon Room East  James McPherson
Group B  Khairoon Room West  Joan Bishop
Group C  Karissa Room  Kathleen M. Sarkar
Group D  Leanna Room  Cynthia J. Rennie
Group E  Leanna Board Room  Cheryl McKenzie-Cook

3:00 – 3:30 PM
BREAK

3:30 – 4:30 PM
REPORTING-OUT: FOCUS GROUPS ON INPUT FOR YEAR 02 CONFERENCE
Khairoon Room

4:30 – 5:30 PM
EVALUATION/DATA COLLECTION
Dr. Kirsten Corazzini

4:30 – 5:30 PM
CLOSING REMARKS
Dr. Dorothy L. Powell

7:00 – 9:30 PM
CARIBBEAN BARBEQUE AND FLOOR SHOW
ADJOURNMENT
Karen Alexander, MD, Associate Professor of Cardiology, Duke University Medical Center. Dr. Alexander’s clinical interests are in general adult cardiology, secondary prevention, geriatric cardiology, and heart disease in women. Her research focus is on cardiovascular disease management and outcomes in special populations, especially women and the elderly. She also has a long standing interest in drug safety, co-morbidity, and frailty in cardiovascular populations.

Kirsten Corazzini, PhD, Assistant Professor, Duke University School of Nursing. Dr. Corazzini is a social gerontologist with expertise in international and comparative studies of community-based long-term care systems. A focus of her work has been on the decision making process by nursing assistants in the care of elderly patients in long-term care settings. She holds a Bachelor’s degree in Experimental Psychology and a PhD and a Post-Doctoral Research Fellowship in Gerontology.

Maisha Emmanuel, MBBS, DM (Psychiatry), MSc, Lecturer in Psychiatry, University of the West Indies, Barbados. Dr. Emmanuel holds clinical responsibilities for managing the care of patients with dementia and their families and/or care takers. Her focus is on both in-patient and out-patient psychiatric care.

Bradi Granger, RN, PhD, FAAN, Clinical Nurse Specialist, Heart Center, Duke University Health System. Dr. Granger is a specialist in Cardiology whose program of research is in the area of patient adherence. Her research, which focuses on characterizing and improving patient adherence to treatment regimens, has demonstrated that interventions to improve adherence to treatment regimens decrease mortality and hospital readmission rates. In addition, Dr. Granger has written extensively on the development of nursing research programs in the clinical setting, and has used her model to develop hospital-based nursing research programs throughout the United States and internationally.

Karol S. Harshaw-Ellis, RN, MSN, Nurse Practitioner, Duke Heart Failure Program, Department of Cardiology, Duke University Medical Center. Ms. Harshaw-Ellis graduated from Duke University with a master’s degree and post-master’s certificate in geriatric and adult nursing practice. She is a physician extender with ANCC certifications as both an adult nurse practitioner and an acute care nurse practitioner. Her professional experience is diverse and rich in the areas of geriatrics and cardiology. She has assisted in the development of multiple models of care for the elderly in in-patient and out-patient settings. Her area of research is heart failure. She is also a member of the North Carolina Task Force for Long-Term Care.

Trevor Hassell, MD, Cardiologist and Director Medical Services, Queen Elizabeth Hospital (QEH), Barbados. With over 34 years of distinguished service at QEH, Dr. Hassell is a practicing cardiologist, a teacher and role model for undergraduate and post-graduate medical students, an Adjunct Professor of Medicine in the School of Clinical Research, and has held senior leadership roles. He founded the Heart Foundation of Barbados, Inc. and recently became the first Caribbean President of the InterAmerican Heart Foundation. He is a Fellow of the American College of Cardiology and a Fellow of the Royal College of Physicians, London, England.

Cristina Hendrix, RN, DNS, PMC-GNP, Assistant Professor of Nursing, Duke University School of Nursing. The body of Dr. Hendrix’s scholarship is on informal caregivers. Her current research focuses on the effects of experiential symptom management training on self-efficacy and psychological well being of informal cancer caregivers, on symptom distress and intensity, and emergency care for cancer-related symptoms of their patients.

Anselm Hennis, MB, BS, MSc, MRCP, PhD, Senior Lecturer in Epidemiology, University of the West Indies, School of Clinical Medicine and Research. In addition, Dr. Hennis holds positions as Consultant Physician, Queen Elizabeth Hospital, Barbados; Research Associate Professor, State University of New York, Stony Brook; and Director, Chronic Disease Research Centre, TMRI, UWI. Among his many publications and research studies, he is singled-out for this conference as Principal Investigator of the Study of Aging in Latin America and the Caribbean, funded by PAHO.

Hermi Hewitt, RN, RM, BScN, MPH, PhD, Head and Senior Lecturer, Faculty of Nursing, University of the West Indies at Mona, Jamaica. With impressive credentials from UWI, Tulane, the University of Iowa, Harvard, and the University of Miami, Dr. Hewitt is an unparalleled leader in nursing education and health care in the Caribbean. She is credited with advancing collegiate nursing education and nursing practice, aided by the introduction of distance education and other innovative models.

Beverley Lansiquot, MSN, RN, Chair, Nursing Program, Sir Arthur Lewis Community College, St. Lucia. Ms. Lansiquot is a nurse educator and administrator with years of clinical nursing experience in in-patient and home health settings. She has extensive experience in planning and providing care to elderly patients with cardiovascular disorders. This rich experience, along with her instructional and leadership skills, has produced a vision for strengthening the preparation of nurses to effectively care for a growing aged population in the Caribbean. Ms. Lansiquot is a doctoral student in the School of Nursing at the Case Western Reserve University, Cleveland, Ohio.
Deborah Lekan, RNC, MSN, Clinical Associate of Nursing, Duke University School of Nursing. Ms. Lekan is board-certified in Gerontological Nursing and is currently engaged in doctoral study and research at the University of North Carolina at Greensboro on heart failure in older women. She has specialty training in the management of urinary incontinence and has used evidence-based practice to provide continence services to frail elders in the home, nursing home and outpatient clinic settings. She has also been involved in clinical studies related to implementing heart failure evidenced-based practice protocols in frail elderly. She serves as faculty in a federally-funded geriatric nursing education institute for nurses practicing in nursing homes, home health and hospice, hospitals, and for faculty in schools of nursing.

Eleanor McConnell, RN, PhD, APRN-BC, Associate Professor of Nursing, Duke University School of Nursing, and Senior Fellow, Duke Center for the Study of Aging and Human Development. Dr. McConnell has a career-long commitment to the elderly with experience in multi-level care settings. Her expertise is in cognitive impairment of the elderly in long-term care facilities. Her research addresses behavioral and functional problems of the elderly in nursing homes and tests various interventions to reduce the adverse outcomes in long-term care. Dr. McConnell also gives leadership to educating nursing faculty in various academic settings for evidenced-based approaches to care of the elderly and through the development of modularized internet-based instructional materials. Dr. McConnell is the Director of the Gerontological Nursing Specialty in the Duke University School of Nursing.

Roger McLean, BSc, MSc, Lecturer in Economics, Department of Economics, Faculty of Social Sciences, University of the West Indies, St. Augustine, Trinidad. Mr. McLean specializes in Health Economics with a focus on key chronic diseases such as Cancer and Diabetes, and HIV/AIDS. He also has a research interest in Social Economics and Development and has experience in designing economic impact studies.

Carla Gene Rapp, PhD, RN, CRRN, Assistant Professor of Nursing, Duke University School of Nursing. After earning her PhD in Nursing, Dr. Rapp completed a Post-Doctoral Fellowship in Geriatric Mental Health Services Research. She has developed an evidenced-based protocol for the assessment and management of acute confusion and delirium. The focus of her scholarship is on behavior problems (agitation/aggression/violence) in people with cognitive impairments (dementia and/or acute confusion/delirium) and looks at developing better description of the phenomenon, methods of communicating about the phenomenon, teaching/training about the phenomenon, and interventions to manage the phenomenon. The long-term goal of this research is to improve quality of life and quality of care for people with cognitively impairing conditions who display behavior problems, and for their formal and informal caregivers.

Joan Rawlins, PhD, Senior Lecturer in Medical Sociology and Head of Public Health, University of West Indies, St. Augustine, Trinidad. Dr. Rawlins’ research is on the burden of stress among family caregivers of the elderly. Her work includes the use of a Geriatric-Adolescent program where adolescents are used as substitute caregivers in the home during a portion of the evening to relieve the primary caregivers.

Kevin Sowers, RN, MSN, Chief Operating Officer, Duke University Hospital. With over 23 years of service in the Duke University Health System, Mr. Sowers has held positions such as: Associate Vice President, Duke University Health System; Interim Executive Officer for Durham Regional Hospital; and Associate Vice President for Hospitals and Clinical Facilities. He is internationally recognized for his lectures and writings on the issues of leadership, organizational change, mentorship, cancer care, and HIV.

Donald H. Taylor, PhD, MPA, BSPH, Assistant Professor of Public Policy Studies, Center for Health Policy and Assistant Professor of Community and Family Medicine, Duke University Medical Center. The focus of Dr. Taylor's research is on aging and comparative health systems. He has done extensive work in aging and long-term care and health policy. Many of his papers address topics such as access to health care services for the disabled elderly, Alzheimer’s Disease and family caregivers, and the risk of moving into nursing homes.

THINK TANK FACILITATORS

James R. McPherson, BS, MBA, JD, Director, Learning and Organization Development for Duke University and Duke University Health System. He and his team contribute to the successful achievement of University and Health System goals and objectives through the design, development, delivery, and evaluation of learning and organization development products, services, and solutions. Before joining Duke in 2007, Mr. McPherson worked for over two decades in the telecommunications, technology, energy, and consumer goods industries.

Joan E. Bishop, MA, Chief Executive Officer of Creative Parenting for the New Era CPNE; Kathleen M. Sarkar, MSc, Manager, Social and Community Division, Land Settlement Agency; Cynthia Janis Rennie, MS, PDT, Subject Leader and Lecturer in Human Ecology, University of the West Indies, St. Augustine, Trinidad; and Cheryl McKenzie-Cook, BA, Dip., Ed., EQ Practitioner and Trainer, Coordinator, Peace, Love and Understanding Programme (PLUS), are an interdisciplinary team of group facilitators based in Trinidad and Tobago. This dynamic team organizes and hosts regional conferences, conducts focus groups and engages groups in problem solving sessions, particularly related to the formulation and implementation of social policy. The group is committed to total participation and experienced in the use participatory methodology.
Guidelines for Receipt of Continuing Education Units

Managing Cardiovascular Disease in the Elderly has been approved by the Duke University Health System Department of Education Services* for up to 2 CEUs. Certificates from the Duke University Health System will be awarded.

In accordance with the requirement of the International Association for Continuing Education and Training, a non-profit association dedicated to quality continuing education and training, participants must strictly adhere to the following requirements in order to receive CEUs for this conference.

1. All participants expecting to receive CEUs must be properly registered for this conference.

2. CEUs will be given for the opening, plenary, breakout, luncheon, think tank, focus group, reporting-out and evaluation sessions.

3. To receive credit for an educational session, participants MUST sign in on the designated rosters for each session.

4. All sessions will start on time. Failure to arrive and sign in by 10 minutes into the session will render the participant ineligible for credit for the session. Participants must stay for the full session to receive credit.

5. The session moderator will monitor attendance for adherence to guidelines.

6. The conference evaluation form will be distributed daily and collected by the moderator of the final breakout session for that day.

7. Following the conference, Duke University Health System Department of Education Services will determine the number of hours satisfactorily completed for each participant and affix that number to the official Duke University Health System Continuing Education Certificate.

8. Following the conference, duly authorized certificates will be mailed accordingly. All certificates for ministries of health employees will be mailed to the appropriate Minister of Health by country for distribution to participating employees. Certificates for participants who are not employees of the ministries of health will receive certificates at the addresses listed on the registration form. Please allow 3-4 weeks for arrival of certificates.

9. Questions or concerns should be communicated to officials of Education Services who are present at the conference.

*The Education Services Department of the Duke University Health System has been reviewed and approved as an Authorized Provider by the International Association for Continuing Education and Training (IACET), 1620 I Street, NW, Suite 615, Washington, DC 20006. The Education Services Department of the Duke University Health System has awarded the number of CEU’s specified above to participants who successfully complete this program. Provider #202361, 04/01/03 – 04/01/08.
Guidelines for Facilitated Think Tank and Focus Group

**Think Tank Focus: Building Consensus on Models and Programs for Coordinated Care Across Hospital, Home and/or Long-Term Care Facilities**

This session is designed for participants to: (a) provide a comprehensive understanding of the current state of coordinated care, (b) envision a preferred future, and (c) begin developing strategies to create the preferred future.

The facilitator will lead the participants in obtaining their best thinking through structured questioning.

Each group will select a spokesperson to present their best thinking to the other groups.

Each group will decide how to further develop, communicate, and document their best thinking with other groups after the conference concludes.

**Ground rules during the session:**
- Leaders from different countries are expected to provide their unique perspectives.
- Leaders in the different professions are expected to provide their unique perspectives.
- Leaders are expected to give each other the opportunity to present their unique perspectives.

**Facilitated dialogue will be based on the following foci:**

A. Current State: Describe the current state of preventing, diagnosing, treating, and managing CVD and its co-morbidities among the elderly in the Caribbean in states of both acute and chronic illness. Specifically, address the state of care of the elderly in the home, hospital, and long-term care facilities.

B. Preferred State: Describe a compelling, attractive picture of the future where the Caribbean is recognized as a leader in preventing, diagnosing, treating, and managing CVD and its co-morbidities among the elderly, including the comprehensive care of the elderly in general.

C. Strategies to Move Toward Preferred Future: Major actions that need to be taken to move from the current state to the preferred future for preventing, diagnosing, treating, and managing CVD and its co-morbidities among the elderly in the Caribbean, including comprehensive care of the elderly in general.

**Focus Group: Input for Year 02 Conference—Focus on Community-based Programs for Elderly with CVD and Related Co-morbidities**

This focus group is designed to gather recommendations for next year’s conference based on input from the work of the think tanks. During the focus group, participants are expected to value each other’s perspective and to spend minimal time on presenting background information for context.

The group may raise questions regarding (1) the types of services and models of care to inform decision making; (2) the identification of relevant stakeholders; (3) the consideration of the impact of a community-based sector of care on other sectors of the health care system; (4) the evidence on the efficacy of types and models of community services; and (5) other areas of interest.
WITH GRATITUDE AND APPRECIATION

To Our Sponsors and Contributors, without whom there would be no conference.

Duke University School of Nursing
Centers for Disease Control and Prevention*
Duke University Global Health Institute
Pfizer
Merck Sharp and Dohme
Duke University Center for International Studies
Duke University Stores
Learning and Organizational Development
Human Resources, Duke University Health System
Education Services, Duke University Health System

To our diverse faculty and facilitators whose magnificence and expertise gave life and substance to a vision.

To our staff whose dedication, planning, execution, and management gave order, predictability, confidence, and comfort to all aspects of the conference.

To the Ministries of Health and other organizations within the 21 designated countries of the Caribbean for identifying and supporting the participation of the essential stakeholders and leaders for whom the conference theme holds enormous importance and responsibility.

A special thanks to Mr. Edwin Stephen, a native of Haiti, who contributed his likeness to the program cover.

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