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A Word from Mary Ann Fuchs *Nursing Strategic Plan*

In the June newsletter I shared with you that a great deal of progress has been made on finalizing the Fiscal Year 2018-2020 DUHS Nursing Strategic Plan, and outlined the three-year objectives for the plan. I also shared that we reviewed our nursing mission, vision and Professional Practice Model, as well as the components of a Magnet organization, to validate that the plan was properly aligned with all of these elements. This work resulted in our new mission, vision and Professional Practice Model:



Mary Ann Fuchs
Vice President of Patient Care
& System Chief Nurse Executive
Duke University Health System

New Mission – our core purpose – who we are, why we exist and how we behave:

Transforming Lives, Transforming Care

New Vision – what we want to become – our “road map” to the future:

Duke nurses are global leaders innovating the delivery of care across the continuum.

Revised Professional Practice Model – a guide for us to achieve higher standards to support the overall DUHS mission, vision and values:



Caring for Our Patients, Their Loved Ones, and Each Other



Objectives of the Strategic Plan

Establishing objectives are important to strategic planning because objectives translate a mission and vision into specific, measurable targets and help us focus on achieving our mission. The DUHS Nursing Strategic Plan will make our mission and vision a reality through a set of 6 three-year objectives and associated strategies. The strategies represent “how” we will achieve the objectives. We developed our objectives to align with the overall plan of the Duke Health Clinical Strategic Plan. This also incorporates supporting initiatives specific to the People & Environment area of the overall Duke Health Plan.

Objective 1:

Duke Nursing partners to design effective care delivery models to support the growth and expansion of the health system.

Strategies

- Develop appropriate clinical staffing models and skill mix to support the growth and expansion of services.
- Collaborate with community partners to support population health management.

Objective 2:

Duke Nursing delivers and advances the highest quality care consistently across the enterprise.

Strategies

- Develop and utilize evidence-based care pathways.
- Develop and use an integrated care management platform.
- Develop, standardize and analyze metrics that matter.
- Develop a culture of mindfulness inclusive of front-line staff up to leadership roles.

Objective 3:

Every patient and family will engage with Duke Nursing to achieve an optimal and consistent caring experience.

Strategies

- Improve the patient experience by leveraging existing technology utilization, such as MyChart, eRounding tools and a patient education system.
- Improve CAHPS scores in the areas of environment and responsiveness.
- Foster the consistency and use of patient communication tools.

Objective 4:

Duke Nursing serves as influential leaders in organizational design, governance and decision making.

Strategies

- Create structure to organize nursing processes and enhance decision making and influence.
- Heighten nursing professionalism.
- Create a culture of reward and recognition.
- Identify and develop future nursing leaders.

- Collaborate with architects, facilities and OESO/ergonomics for new construction planning.

Objective 5:

Duke Nursing delivers organizational value through professional development and enhancing the nursing brand.

Strategies

- Accelerate the development and training of DUHS Nursing consistent with strategic growth areas.
- Disseminate new knowledge through professional publication and leadership in professional organizations.
- Maximize Friends of Nursing endowment to enhance presence, influence and reach.
- Enhance the Duke Nursing brand.
- Develop a culture of professionalism including professional and personal accountability that instills integrity and fosters trust and well-being.

Objective 6:

Duke Nursing leverages technology to enhance communication, care delivery, patient experience and business processes.

Strategies

- Improve internal communication.
- Leverage technology to improve the patient experience.
- Integrate use of technology into clinical care in support of evidence-based practice and improving safety and quality.
- Improve business processes.

In the August newsletter I'll provide more details on Objectives 1-3, including the ways in which we plan to meet them, starting with specific actions for FY 2018; in September, I'll provide details on Objectives 4-6. In the meantime, we're finalizing a complete communication and feedback plan with many events and activities to keep you informed and involved as the strategic plan begins to take shape, so be watching for opportunities to learn more, join discussions and participate in events.

As you're starting to see, there's much work ahead of us in delivering our strategic plan and we expect we'll face some challenges along the way, but there are many improvements and advancements to look forward to as we begin this exciting journey together! If there is any feedback that you would like to provide at this point in the process, please feel free to email me at maryann.fuchs@duke.edu.

Thank you for everything you do to care for our patients, their loved ones and each other.

Sincerely,

Mary Ann Fuchs, DNP, RN, NEA-BC, FAAN

Five Duke Nurses Named to 2017 Great 100

The Great 100 Nurses of North Carolina has released the names of the nurse selected to be honored in 2017. Five Duke University Health System nurses are among the winners. Please congratulate these great Duke Nurses:

Susan D. Bruce, MSN, RN, OCN, AOCNS
Clinical Nurse Specialist
Duke Cancer Center Raleigh

Katelyn Ann Keith, BSN, RN, CMSRN
Clinical Nurse IV and Geriatric Resource Nurse
General Medicine Unit 5-1
Duke Regional Hospital

Mary Kathryn "Mimi" Matthys, BSN, RN, CCRN
Clinical Lead
Intensive Care Unit & Neuroscience Stepdown Unit
Duke Raleigh Hospital

Audrey T. Neal, BSN, RN, NE-BC, LNC
Program Manager/Magnet Program Director
Duke Regional Hospital

Sherri Pearce, MSN, RN, NEA-BC
Clinical Operations Director
Surgery/Rehab/Wound Care/Women's Care
Duke Regional Hospital

These Duke Nurses will be celebrated at the Great 100 Gala, which is scheduled for Saturday, Oct. 14, at the Concord Convention Center (4300 John Q. Hammons Drive NW, Concord, N.C., 28027).

DUHS has had at least 153 nurses named to the Great 100 since the organization began recognizing exemplary nurses in 1989. In addition, at least 15 nurses who now work at Duke were honored while they were employed at another organization. Lists of Duke Nurses who have been named to the Great 100 are available online ([alphabetical](#), [chronological](#)).

Being nominated for the Great 100 is a great honor. At least 44 Duke Nurses ([link](#)) were nominated during the 2017 awards cycle.

Nominations for the Great 100 are accepted from Jan. 15 through April 15 each year. Commit now to nominating at least one Duke Nursing colleague for the 2018 Great 100 next spring.



Nurses in the Duke Regional Hospital Special Care Nursery

The father of a premature infant recently wrote [a very moving article](#) for the *Raleigh News and Observer* about his family's excellent experience at the DRH Special Care Nursery. Eric Johnson, the infant's father and a professional writer from Chapel Hill, wrote the story in the context of the current healthcare debate about access to care vs. the actual practice of medicine, saying in part:

"To the nurses making their nightly rounds, none of that matters. They make no distinction between rich and poor, deserving or undeserving. Every child gets the same commitment; every parent the same compassion. The health care system may be deeply unequal, but the minute-by-minute work of health professionals remains strikingly democratic. No human life is held more worthy than another. That's because fate can level us all. And in the hospital nursery, it does."

Breanne Payne, MSN, RN, CNML, Nurse Manager, Operations, Special Care Nursery, said: "I am humbled and proud to be a part of a group of individuals that provide excellent care to each patient every single day!" This team is clearly living our values of caring for our patients, their loved ones and each other! [Read the article.](#)

Congratulations!



Ann White, MSN, RN, CCNS, CEN, CPEN

Ann White, MSN, APRN, CCNS, CEN, CPEN, Clinical Nurse Specialist, Emergency Services Department of Advanced Clinical Practice, DUH, was featured in an article in the July edition of the *ENA Connection*, the official magazine of the Emergency Nurses Association (ENA). With her knowledge of risk factors and complications of pregnancy, Ann was quoted extensively in the article, titled "Woman and Child First – Preparing for Pregnancy Complications in Your ED." [Read article.](#)



Kay Lytle, DNP, RN-BC, NEA-BC, CPHIMS, FHIMS, Chief Nursing Information Officer, has been appointed to the HIMSS Nursing Informatics Committee for a two year term starting in July 2017. HIMSS is a global, not-for-profit organization focused on better health through information technology and leads efforts to optimize health engagements and care outcomes using information technology. HIMSS encompasses more than 52,000 individuals, of which more than two-thirds work in healthcare provider, governmental and not-for-profit organizations across the globe, plus over 600 corporations and 250 not-for-profit partner organizations, that share this cause. The HIMSS Nursing Informatics Committee purpose is to articulate a cohesive voice for the HIMSS Nursing Informatics community and to provide domain expertise, leadership and guidance to HIMSS activities, initiatives, and

collaborations with the global nursing informatics community. For more information visit the [HIMSS website](#).

Joanne Boone, BSN, RN and Debrah Piniero, BSN, RN, Duke Women's Cancer Care Raleigh, graduated in May from Winston Salem State University with their BSN degrees.



Jacqueline Jones, MSN, CMS-RN, was appointed Nurse Manager for DUH Unit 9300. Jacqueline graduated from East Carolina University in 2015 with her MSN in Leadership and from UNC Greensboro with her BSN. She formerly worked at Wake Forest Baptist Hospital in multiple nursing and leadership roles.



Kasey Williams, BSN, RN, PCCN, was appointed Nurse Manager of Operations for DUH Unit 3300. Kasey joined the Duke team in November 2011 as a staff nurse on 3300 and has several years of leadership experience as the 3300 Clinical Lead on the cardiothoracic step-down unit.



Angela Cozart, Senior IT Analyst, received a “Good Catch” recognition for her work with Betsy Conway in the Pharmacy, and the Maestro Care team, to design a new “duration” field in Maestro as a prompt in the MAR for medications administered by continuous infusions. This Maestro Care addition will help prevent the administration of medication mistakenly by IV push. *Left to right: Dr. Jon Bae, Patient Safety & Clinical Quality, DUHS; Angela Cozart, Sr. IT Analyst, Nursing Information; Kay Lytle, Chief Nursing Information Officer.*

NCBON Candidate: Pam Edwards

Voting ends August 15

Imagine having a Nursing Leader with
passion, vision & experience.



Elect **Pamela Edwards**

to NCBON At-Large
and you will!



*"As an RN-At Large on the
NC Board of Nursing, I
am committed to
protecting the public
through excellence
in nursing."*

~Pamela Edwards
EdD, MSN, RN-BC, FABC, CNE, CENP



The North Carolina Board of Nursing (NCBON) will hold its [election for Board members](#) July 1-August 15. Please consider casting a ballot for **Pam Edwards, EdD, MSN, RN-BC, FABC, CNE, CENP, Associate Chief Nursing Officer, Education, DUHS.**

After first graduating with a Bachelor of Science degree in nursing, Pam obtained an MSN in nursing education and a doctoral degree in Occupational and Adult Education. A registered nurse for 38 years, Pam has spent most of her career within practice settings, working to create environments that promote quality and safety for patients, families, and communities, by developing nurses and nurse-led inter-professional teams. Pam has served as a nurse executive and nurse educator and is nationally certified in both areas.

For voting instructions, visit the [NCBON website](#).

Friends of Nursing Seminar Builds Communications Skills

On June 22, Kathleen Bartholomew, MN, RN, presented "The Dauntless Nurse: *Communication Confidence Builder*." More than 100 nurses attended the daylong seminar at Brier Creek Country Club.

Through her presentations, Bartholomew challenged participants to explore their workplace interactions for challenging situations related to culture, power and perception. She also helped those in attendance build their communication skills to become more "dauntless."

Bartholomew has made modified versions of her presentations available for all Duke Nurses. Please explore these resources online:

What You Don't See: Culture, Power and Perception ([link](#))

What You Do See: Understanding Nurse-Nurse Hostility ([link](#))

What You Can Be: The Dauntless Nurse ([link](#))

Checklist: Am I Dauntless ([link](#))

Resources ([link](#))



Friends of Nursing committee members volunteered to assist with the June 22 Seminar. Pictured, from left: Beth Foshee, BSN, RN, CNIV, presenter Kathleen Bartholomew, MN, RN, Libby Walsh, BSN, RN, Patty Mostaghimi, RN, CNIII, and Zhila Mostaghimi, BSN, RN, CNIV.

Friends of Nursing Seminars are made possible by the Martha White Blalock Nurse Scholar Endowment Fund.

Nurse Recruitment Transitions to New Name

As of July 1, 2017, the former Nurse Recruitment department transitioned to a new name, **Nursing & Patient Care Services Talent Acquisition**. This change better represents the scope of work supported by the growing department, which now includes centralized recruitment responsibilities for Duke Raleigh Hospital, Duke Regional Hospital, Duke University Hospital, Duke HomeCare and Hospice, Primary Care and PRMO recruitment. Previously, recruitment and human resources on-boarding functions for nursing and nursing support positions were managed separately by each entity.

Safety Corner

Contributed by the Duke Patient Safety Center – Dr. Bryan Sexton and Dr. Kathryn Adair

Work-Life Balance is contagious, predicts burnout, and typically gets worse after your first 6 months

Are you consistently getting home late? Not taking breaks? Skipping meals? These and other behaviors are considered “work-life balance” (WLB) *infractions*, and they can be measured with a new scale we developed (Sexton et al., 2017).



Unfortunately work-life “imbalance” is common in the demanding

field of healthcare. Higher rates of work-life *imbalance* are linked to higher burnout, intentions to leave one's job, and turnover.

Data across two large health systems finds that workers *less than 6 months* in their specialty have significantly *better* work-life balance. This healthier balance, however disappears after 6 months. Those between 6 months all the way to over 21 years have similarly poor level of work-life balance.

Our data have shown that WLB can change, and in fact can change more and faster than other domains like burnout. Small steps in WLB changes have big repercussions downstream - *taking the time to eat a meal with a colleague, going to bed a little early, and using breaks to recharge* are examples of missed WLB every day. Also – WLB is contagious – the norms for WLB in our work settings influence individual behavior a surprising amount!

Bottom line -- if you're starting up a new position, be aware of the typical drop in work-life balance at the 6 month mark and try to maintain the behaviors we know keeps us in balance.

And if you've been in your position for more than 6 months, it's never too late to engage in more frequent work-life balance behaviors!

Want to see where you score on WLB? [Check out the WLB scale here.](#)

Nurses in the News



Duke Transfer Center works to ensure safe patient transfers, referrals

Jason Bissey, RN, Duke Transfer Center

News from the Oncology Nursing Society (ONS)



Deborah "Hutch" Allen, PhD, RN, CNS, FNP-BC, AOCNP, Director of Nursing Research & EBP, (pictured back row, far right) attended the ONS Foundation's second annual Oncology Nurse Research Intensive. This full-day program is designed to expand the scientific foundation for oncology nursing practice through a research mentoring and networking

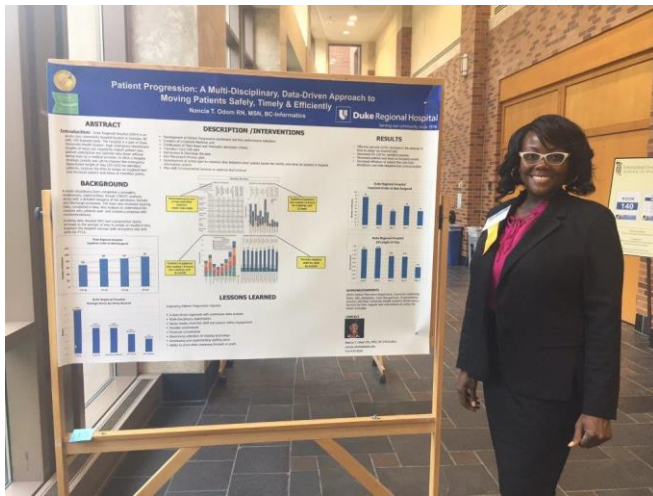
opportunity for PhD nurse scientists. Ten invited participants submitted a research grant proposal that was review by senior scientists during a mock research study section.

Tracy Gosselin, PhD, RN, AOCN, NEA-BC, Chief Nursing & Patient Care Services Officer, DUH, was one of four new trustees welcomed to the ONS Foundation Board of Trustees in June.

[Read ONS Foundation newsletter.](#)

Nurse Publications and Presentations

Eric Hexdall, BSN, RN, CNE, ACHRN, DRH, co-authored two publications for StatPearls and they were recently indexed in PubMed: <https://www.ncbi.nlm.nih.gov/pubmed/28613763>; <https://www.ncbi.nlm.nih.gov/pubmed/28613648>



Nancia Odom, MSN, RN-BC, DRH, presented a poster at the University of Maryland School of Nursing’s 27th annual Summer Institute in Nursing Informatics conference. The University of Maryland School of Nursing’s nursing informatics master’s program is ranked number #1 in the nation by US News & World Report. The annual conference provides opportunities to learn from, and network with, leaders in the field of nursing informatics and health IT. The focus of this year’s conference was the integration of the Internet of Things in clinical

practice to improve health management and outcomes at the system, population and individual level. Describing her presentation, Nancia said: *“The poster I presented was on patient progression, an ongoing DRH strategic objective to improve patient throughput, decrease ED lengths of stay and decrease patient wait times at transition points. The title of my presentation was “Patient Progression: A Multi-Disciplinary, Data-Driven Approach to Moving Patients Safely, Timely & Efficiently.” I talked about all of the work we completed over the last year as an institution to meet (and ultimately surpass) our strategic objectives. I demonstrated how we did this by describing and showing our use of data, analytics and multi-disciplinary teamwork to drive hospital operational decisions.”*

New Certifications

Congratulations to these nurses who have recently received a new certification:

DUHS Entity	Last Name	First Name	Title	Unit	Certification
DPC	Kheirieh	Heba	Nurse Manager, AC	Duke Primary Care Waverly Place	Certified Nurse Manager Leader
DPC	Ensinger	Jeffrey	Nurse Manager, AC	Duke Urgent Care Morrisville	Certified Nurse Manager Leader
DPC	Marks	Leshundra	Ambulatory Care Lead	Duke Primary Care Blue Ridge	RN - BC Ambulatory Nursing
DPC	Wrenn	Margarette	Ambulatory Care	Duke Primary Care	RN - BC Ambulatory

<i>DUHS Entity</i>	<i>Last Name</i>	<i>First Name</i>	<i>Title</i>	<i>Unit</i>	<i>Certification</i>
			Nurse IV	Midtown	Nursing
DPC	Kumari	Vasagiri	Ambulatory Care Nurse II	Duke Urgent Care Croasdaile	RN - BC Ambulatory Nursing
DRAH	Gage	Deborah	CNII	Same Day Surgery	Certified Ambulatory Perianesthesia Nurse
DRAH	Larson	Elizabeth	Program Manager	Nursing Administration, Stroke Program Mgr	Stroke Certified Registered Nurse
DRAH	Muhlhammer	Christine	CNIV	Surgery Administration	Certified Nurse Operating Room
DRAH	Myers	Susie	CNII	Same Day Surgery	Ambulatory Care Nurse
DRAH	Pue	Lou	Clinical Lead RN	Pain Clinic	Pain Management Nurse
DRAH	Shuler	Laura	CNIV	PACU	Certified Post Anesthesia Nurse
DRAH	Strickland	Kristin	CNII	Neuro/Oncology	Certified Medical Surgical Registered Nurse
DRH	Adams	Whitney	Clinical Lead RN	Emergency Services	Certified Emergency Nurse
DRH	Berdine	Beverly	CNIII	Critical Care	Critical Care Registered Nurse
DRH	Jackson	Stacy	CNII	Neuro/Oncology	Certified Medical Surgical Registered Nurse
DRH	Larson	Valerie	CNIII	Emergency Services	Certified Emergency Nurse
DRH	Mohamed	Jennifer	Clinical Lead RN	Special Care Nursery	Low Risk Neonatal Nursing
DRH	Newsome	Lindsey	CNII	Emergency Services	Certified Emergency Nurse
DRH	Obriant	Audrey	CNIII	Emergency Services	Certified Emergency Nurse
DRH	Ralston	Suzanne	CNIII	Psychiatric Unit 61	RN, C Psychiatric Mental Health
DRH	Sawyer	Patricia	CNIV	Emergency Services	Certified Emergency Nurse
DRH	Self	Angela	CNIII	Special Care Nursery	RNC- Low Risk Neonatal
DRH	Steigerwald	James	CNIV	Endo Services	Certified Gastroenterology Registered Nurse
DRH	Taylor	Cynthia	CNIII	Special Care Nursery	RNC- Low Risk Neonatal

<i>DUHS Entity</i>	<i>Last Name</i>	<i>First Name</i>	<i>Title</i>	<i>Unit</i>	<i>Certification</i>
DRH	Waters	Linwood	CNIII	Psychiatry	RN, C Psychiatric Mental Health
DRH	Wright	Amelia	Clinical Lead RN	Critical Care	Certified Critical Care RN-Adult
DUH	Andrews	Victoria	CNII	Intermediate Care - N-78	Progressive Care Certified Nurse
DUH	Arillo	Doreen	CNIII	OR Urology	Certified Nurse Operating Room
DUH	Ashland	Susan	CNIV	Medical Unit - 8300	Certified Medical Surgical Registered Nurse
DUH	Ballhaussen	Dagmar	CNIII	OR-Neuro Unit	Certified Nurse Operating Room
DUH	Berongoy	Angelito	CNIII	Peds Intensive Care	Certified Critical Care RN - Peds
DUH	Brooks	Monisa	CNIII	Surgical Unit - 2100	Certified Medical Surgical Registered Nurse
DUH	Bullock	Michelle	Nurse Manager, Operations	Pediatric Unit - 5300	Certified Nurse Manager and Leader
DUH	Burke	Robin	CNIII	OR Urology	Certified Nurse Operating Room
DUH	Cheek	Clara	CNIII	Cardiac MRI	Progressive Care Certified Nurse
DUH	Christian	Tana	CNIII	Cancer Center 5th Floor	Oncology Certified Nurse
DUH	Danciu	Emilia	CNIII	Cancer Center 3rd Floor	Oncology Certified Nurse
DUH	Dixon	Susan	Utilization Manager	Patient Resource Management	Certified Case Manager
DUH	Donato	Kathryn	CNI	6th Floor East DMP	Certified Critical Care RN
DUH	Duarte	Kathryn	Clinical Lead RN	Intensive Care Nurse	Certified Critical Care RN
DUH	Duwe	Mark	CNIII	Cardiology Unit - 7300	Progressive Care Certified Nurse
DUH	Flaherty	Kevin	CNII	Medical Unit - 8300	Certified Medical Surgical Nurse
DUH	Fleming	Ida Mae	Case Manager	Patient Resource Management	Certified Case Manager
DUH	Forrester	Kelly	Utilization Manager	Patient Resource Management	Certified Case Manager
DUH	Fry	Alicia	CNIII	Radiology Vascular Intervention	Certified Radiology Nurse

<i>DUHS Entity</i>	<i>Last Name</i>	<i>First Name</i>	<i>Title</i>	<i>Unit</i>	<i>Certification</i>
DUH	Gillespie	Andrea	CNIII	Cancer Center	Ambulatory Care Nursing
DUH	Griggs	Kimberly	CNIII	Clinical Cardiology	Progressive Care Certified Nurse
DUH	Hansen	Adriana	CNII	Nursing IV Team	Vascular Access Board Certified
DUH	Harrison	Heather	Nurse Manager, Operations	Peds Intensive Care	Certified Nurse Manager and Leader
DUH	Jeffries	Crystal	CNIII	8th Floor East DMP	Stroke Certified Registered Nurse
DUH	Kennedy	Pamela	CNII	Radiology MRI Cancer Center	Certified Radiology Nurse
DUH	Kenney	Nicole	CNIII	Radiation Oncology	Oncology Certified Nurse
DUH	Kowadlo	Lauren	CNII	N-78 Intermediate Care	Progressive Care Certified Nurse
DUH	Little	Deborah	CNIII	Infusion Center	Ambulatory Care Nurse RN-BC
DUH	Lucate	Wana	CNII	N-78 Intermediate Care	Progressive Care Certified Nurse
DUH	Martens	Julia	CNII	7th Floor East DMP	Progressive Care Certified Nurse
DUH	Matthews	Jodi	CNII	Peds Intensive Care	Certified Critical Care RN - Peds
DUH	McCaffrey	Patricia	CNIII, FP	Internal Staff Pool	Ambulatory Care Nurse - RN-BC
DUH	McNair	Jacqueline	Case Manager	Patient Resource Management	Accredited Case Manager
DUH	Misrahi	Sarah	CNI	8th Floor West DMP	Stroke Certified Registered Nurse
DUH	Morochnick	Allison	Utilization Manager	Patient Resource Management	Certified Case Manager
DUH	Musgrove	Jennifer	CNIII,FP	Internal Staff Pool	Gerontological Nurse
DUH	Newmaker	Jeane	Utilization Manager	Patient Resource Management	Certified Case Manager
DUH	Osgood	Duane	CNIII	Ambulatory Telephone Triage	Ambulatory Care Nurse
DUH	Polkinghorne	Melissa	Nurse Manager, Operations	OR - GYN	Certified Nurse Manager and Leader
DUH	Query	Amelia	CSN III	ASC Periop	Certified Ambulatory Perianesthesia Nurse
DUH	Rice	Patricia	Utilization Manager	Patient Resource Management	Certified Case Manager

DUHS Entity	Last Name	First Name	Title	Unit	Certification
DUH	Richardson	Jose	Case Manager	Patient Resource Management	Certified Case Manager
DUH	Steele	Leah	CNII	Cardiology Unit - 7300	Progressive Care Certified Nurse
DUH	Tallent	Trent	Nurse Manager, Operations	Radiology Administration	Nurse Executive - Board Certified
DUH	Taylor	Edna	CNIII	Cardiology Unit - 7300	Progressive Care Certified Nurse
DUH	Taylor-Senter	Dorothy	COD	Neurology Administration	Certified Nurse Manager and Leader
DUH	Thompson	Briana	CNII	Cardiology Unit - 7300	Progressive Care Certified Nurse
DUH	Warden	Christopher	CNIII	Electrophysiology Lab	Cardiac-Vascular Nursing Certification
DUH	Wright	Susan	Nurse Manager, Operations	Medical Unit - 8300	Nurse Executive - Board Certified
DUH	Yankalunas	Casey	CNII	7th Floor West DMP	Critical Care Registered Nurse

NOTE: Please do not send certification information directly to the Nursing Newsletter email address. Managers should refer to the "Certification Payments" policy for instructions; this process results in certifications being listed in the newsletter.

Duke Nurse Retirees

Congratulations to our colleagues who have recently retired or will be retiring soon:

DUHS Entity	Last Name	First Name	Title	Years of Service	Retirement Date	Unit
DPC	Drost	Janet	Ambulatory Care Nurse II	9	07/28/17	Duke Primary Care Creedmoor Rd.

NOTE: Please do not send retiree information directly to the Nursing Newsletter email address. Managers should refer to the "Retiring Nurse Recognition" policy for instructions; this process results in retirees being listed in the newsletter.

Nursing Newsletter Survey

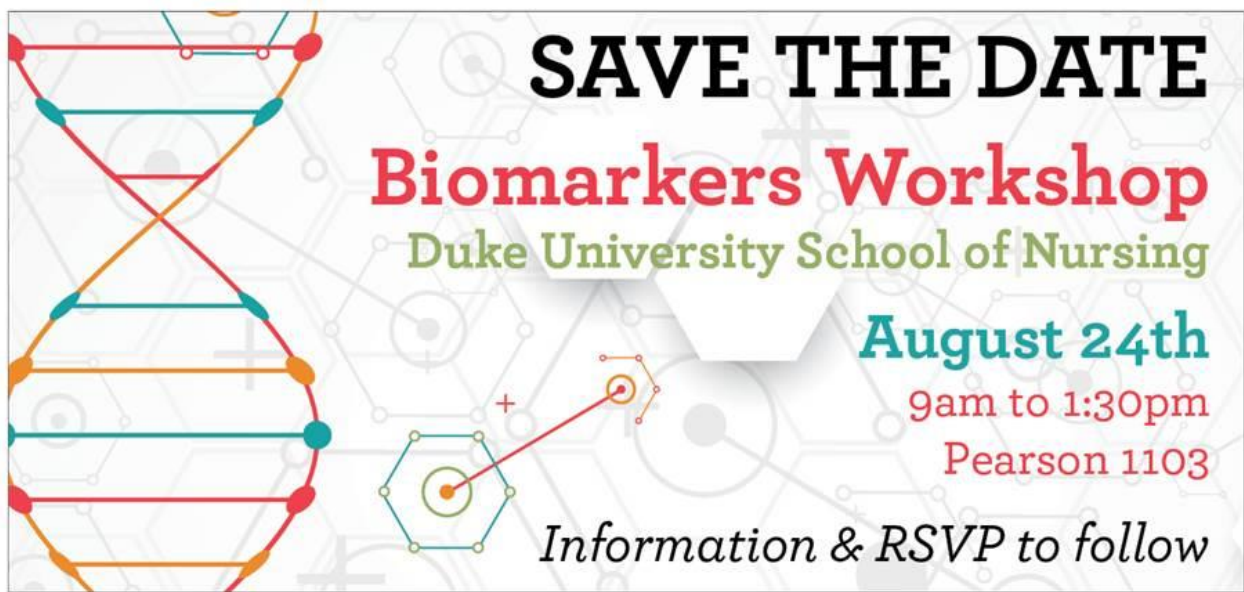
Thank you to everyone who participated in the recent Nursing Newsletter survey. Your input and suggestions will be used to learn the types of stories our nurses are most interested in, and to improve the newsletter overall. Watch for results in an upcoming issue of the newsletter.

Upcoming Events and Opportunities

DUSON Clinical Instructor Intensive

DUSON will be hosting the 11th Annual Clinical Instructor Intensive conference on August 5, 2017 to help Clinical Instructors become better prepared for their roles and responsibilities. As someone who teaches students and/or nurse colleagues in the clinical setting – and/or someone who might, one day, like to take on the role of a Clinical Instructor with a school of nursing – this conference will help nurses understand the dimensions of that important role and develop skills and insights to be most effective in it. [Flier.](#)

DUSON Biomarkers Workshop



Biomarkers include inflammatory and oxidative stress markers, genomics and genetics. These markers can indicate positive responses to interventions reducing stress, increasing resiliency, or postulate associations between changes in DNA/RNA and illness.

If you are interested in adding biomarkers into your research, please attend this workshop. If you have questions about whether this workshop is right for use in future research, call Hutch Allen at 919-681-4719.

Duke Lung Transplant Symposium

Presented by the Duke Transplant Center, the symposium will be held at the Trent Semans Center at DUH on August 25-26, 2017. [Flier.](#)

ANCC Medical Surgical Certification Review

DUHS will hold a Medical Surgical Certification Review Course on September 28 & 29 at Duke Regional Hospital for nurses who are preparing to take their ANCC Medical Surgical Certification exam. [Please see the flier](#) for information on how to register for this event. Registration is through the ANCC site and DUHS code will need to be entered. For information about the ANCC Medical Surgical Certification, please visit the [ANCC website](#). Questions about this session can be directed to Katrina Green MSN, RN, OCN at Katrina.Green@duke.edu.

Calendar

- Aug. 5** **DUSON Clinical Instructor Intensive Conference**
Details: [Link](#)
- Aug. 24** **DUSON Biomarkers Workshop**
Time: 9:00 a.m.-1:30 p.m.
Venue: DUSON Pearson 1103
- Aug. 25** **Duke Lung Transplant Symposium**
Details: [Flier](#)
- Sept. 28-29** **ANCC Medical-Surgical Nursing Certification Review Course**
Details: [Flier](#)
- Oct. 1** **Triangle Heart Walk**
Time: 12:30 p.m.
Venue: PNC Arena, Raleigh
Details: www.TriangleHeartWalk.org/Duke
- Nov. 4** **Friends of Nursing Gala**
Time: 5 – 11:30 p.m.
Venue: Durham Convention Center
Details: [Link](#)

Triangle Heart Walk



American Heart Association 2017 Triangle Heart Walk Sunday, October 1, 2017, PNC Arena, Raleigh

Join walkers from across our community as they step out to have fun, get inspired and support a meaningful cause. Duke Health has set a goal to raise \$200,000 for this year's Heart Walk and it will take everyone's participation for us to achieve this goal!

Festivities at 12:30 p.m., Walk at 2:00 p.m.

1 or 3 mile route options

Leashed dogs and strollers are welcome!

Fun activities and heart health education for the entire family!

Every Duke walker who participates will receive a FREE Duke t-shirt at the Heart Walk!

For questions contact Kimberly Burrows at the AHA: Kimberly.burrows@heart.org or call 919-463-8307. For details visit: www.TriangleHeartWalk.org/Duke triangleheartwalk.org

Nominate a Duke Nurse

A great way to honor a colleague is to nominate him or her for an award. Following is a list of award cycles that are currently open, with the deadlines noted in the left column:

- | | |
|------------------------------------|--|
| Open | Home Healthcare Nurses Association (link)
America's Top Nurses in Home Care and Hospice (link) |
| July 15 | North Carolina Nurses Association Best Practice Awards (link)
Caring for Each Other
Caring for Others
Caring for Ourselves |
| July 15 | Sigma Theta Tau International – Chapter Key (biennial) (link)
Submissions considered for: Ethel Palmer Clarke Awd. for Chapter Excellence |
| July 19 | OR Manager Awards (link)
Ambulatory Services (link)
Best in OR Business (link)
Emerging Leader (link)
OR Manager of the Year (link) |
| Aug. 1 | American Assn. of Critical-Care Nurses Circle of Excellence Awards (link)
Program information (link) |
| Aug. 31 | Association of periOperative Registered Nurses Awards (link)
Award for Excellence in Perioperative Nursing (link) |
| Sept. 13 | American Association of Colleges of Nursing
Diversity, Inclusion, and Sustainability in Nursing Education Lectureship (link) |
| Sept. 30
@ 5 p.m. | Oncology Nursing Society Awards (link)
Distinguished Awards (link)
Distinguished Researcher Award (link)

Lifetime Achievement Award (link)

Rose Mary Carroll-Johnson ... Contribution to Nursing Literature (link)

Pearl Moore "Making a Difference" Awards (link)

Emerging Leader (link)
Frontline Care (link)
International Award for Contributions in Cancer Care (link) |

Team Achievement ([link](#))

Excellence Awards ([link](#))

Blood and Marrow Transplantation ([link](#))

Cancer Prevention and Early Detection ([link](#))

Care of the Older Adult with Cancer ([link](#))

Linda Arenth Excellence in Cancer Nursing Management ([link](#))

Mary Nowotny Excellence in Cancer Nursing Education ([link](#))

Medical Oncology ([link](#))

Oncology Nursing Health Policy and Advocacy ([link](#))

Patient/Public Education ([link](#))

Radiation Therapy Nursing ([link](#))

Surgical Oncology ([link](#))

Survivor Advocacy ([link](#))

Oct. 31 American Association of Neuroscience Nurses Awards ([link](#))

Excellence in Advanced Practice Nursing

Excellence in Clinical Patient Care

Excellence in Neuroscience Education

Mary Decker Mentorship Award

Rising Star in Clinical Practice

Oct. 31 American Board of Neuroscience Nursing Certificant of the Year ([link](#))
Application ([link](#))

Oct. 31 American Nurses Credentialing Center Board Certified Nurse Awards ([link](#))

Nomination form ([link](#))

Nov. 17 Association of perioperative Registered Nurses

Individual Achievement Awards ([link](#)):

Outstanding Volunteer Leadership ([link](#))

Outstanding Achievement in Mentorship ([link](#))

“ “ in Perioperative Clinical Nursing Practice ([link](#))

“ “ in Perioperative Nursing Management ([link](#))

“ “ in Perioperative Nursing Research or Evidence-Based Practice ([link](#))

“ “ in Perioperative Education, Clinical or Academic ([link](#))

Promising Professional Achievement Award ([link](#))

Dec. 1 Oncology Nursing Certification Corporation ([link](#))

AOCN of the Year ([link](#))

BMTCN of the Year ([link](#))

CBCN of the Year ([link](#))

OCN of the Year ([link](#))

Details about nomination cycles are on the External Awards tab ([link](#)) of the FON intranet. A pdf version ([link](#)) is also posted. Those who submit nominations should provide a copy to Jana Alexander ([email](#)) for the Awards Database. Alexander is also available to assist with editing and proofreading nominations prior to submission.

Accreditation and Regulatory Affairs Corner

Recently, the Joint Commission released [revised standards](#) pertaining to pain assessment and reassessment. The following standards will be effective January 1, 2018:

The hospital provides non-pharmacologic pain treatment modalities.
The hospital provides information to staff and licensed independent practitioners on available services for consultation and referral of patients with complex pain management needs.
The hospital identifies opioid treatment programs that can be used for patient referrals.
The hospital has defined criteria to screen, assess, and reassess pain that are consistent with the patient's age, condition, and ability to understand.
The hospital screens patients for pain during emergency department visits and at the time of admission.
The hospital treats the patient's pain or refers the patient for treatment
The hospital develops a pain treatment plan based on evidence-based practices and the patient's clinical condition, past medical history, and pain management goals.
The hospital involves patients in the pain management treatment planning process through the following: <ul style="list-style-type: none">• Developing realistic expectations and measurable goals that are understood by the patient for the degree, duration, and reduction of pain• Discussing the objectives used to evaluate treatment progress (for example, relief of pain and improved physical and psychosocial function)• Providing education on pain management, treatment options, and safe use of opioid and non-opioid medications when prescribed
The hospital monitors patients identified as being high risk for adverse outcomes related to opioid treatment.
The hospital reassesses and responds to the patient's pain through the following: <ul style="list-style-type: none">• Evaluation and documentation of response(s) to pain intervention(s) (See also RC.01.01.01, EP 7)• Progress toward pain management goals including functional ability (for example, ability to take a deep breath, turn in bed, walk with improved pain control)• Side effects of treatment• Risk factors for adverse events caused by the treatment
The hospital educates the patient and family on discharge plans related to pain management including the following: <ul style="list-style-type: none">• Pain management plan of care• Side effects of pain management treatment• Activities of daily living, including the home environment, that might exacerbate pain or reduce effectiveness of the pain management plan of care, as well as strategies to address these issues• Safe use, storage, and disposal of opioids when prescribed

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LinkedIn: Duke Nursing Careers

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Content submissions: If you would like to submit an article or story idea for the newsletter, please send information to: nursingnewsletter@dm.duke.edu. The deadline for content is the 20th of each month.

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Archives: Previous issues of the newsletter can be found on the "DUHS Nursing" page of the intranet [here](#).