A Word from Mary Ann Fuchs

The Value of Certification

On March 19th every year, nurses around the world are honored through the American Nurses Association Certified Nurses Day™. This day was selected to commemorate the birthday of Margretta Madden Styles, EdD, RN, FAAN, who was a pioneer in the nursing profession and advocated for nursing standards and certification throughout her career.

Every year at this time we take the opportunity to thank our nurses who have attained a specialty certification, and remind everyone about the value of certification. DUHS recognized Certified Nurses Day on March 20th this year, with information tables set up at each of the hospitals to provide information on certifications, tips for how to prepare for examinations and available resources.

Certification is more important than ever to our health system as healthcare becomes increasingly complex and challenging. Certified nurses ensure high standards of patient care and promote continuing excellence in nursing by becoming experts in their fields, earning and maintaining the highest credentials in their specialty.

Supporting specialty-trained competencies and the development of nursing leadership are goals of the DUHS Nursing Strategic Plan and a strong characteristic of Magnet-designated organizations. Certification also aligns with our health system’s strategic goals to continue to support the development of high quality clinical services.

Here are some resources for information about certification:

FAQs about Certification
Review courses through CE Direct
Information from ANCC
Certification information on DUHS Nursing intranet
Our health system is better able to meet the complex and diverse needs of our patients because of the care provided by all of our certified nurses, who have demonstrated a commitment to excellence through professional certification.

Sincerely,

Mary Ann Fuchs, DNP, RN, NEA-BC, FAAN

2017 Health Care Heroes Celebrated at Prestonwood Country Club

Once again, Duke Health – and, especially, Duke Nursing – were well represented at the Triangle Business Journal Health Care Heroes event. The 22 winners celebrated on March 16 at Prestonwood Country Club in Cary included four health care professionals from Duke.

Pictured, from left, are Duke winners Jeanette Jansen, Meghann McCoy, Sean Sondej and Harry Phillips.

Duke Nursing continued its tradition of sponsoring the event and hosting those who attended to celebrate these 2017 winners:

Harry Phillips III, MD, FACC, FSCAI  
Professor of Medicine, Duke University School of Medicine  
Chief Medical Officer, Network Services  
Chief Medical Officer, Duke LifePoint Healthcare  
Associate Director, Duke Heart Center  
2017 Health Care Hero Lifetime Achievement Award

Jeanette Jansen, MSN, RN  
Team Lead, Maestro Care Orders and Clinical Documentation  
Duke Health Technology Solutions  
Duke University Health System  
2017 Health Care Hero – Health Care Manager Category
Jeanette Jansen receives her award from Jason Christie, left, market president for Triangle Business Journal, and Jay Irby, Triangle Area executive for First Citizens Bank.

Meghann McCoy, BSN, RN
Clinical Nurse III
Pediatric Cardiac Intensive Care Unit
Duke Children’s Hospital & Health Center
2017 Health Care Hero – Nurse Category

Meghann McCoy receives her Health Care Hero Award.

Sean Sondej, MHA
Associate Vice President, Heart & Vascular Services
Duke University Health System
2017 Health Care Hero – Health Care Manager Category

To celebrate Duke’s 2017 health care heroes, Duke Nursing facilitated the corporate sponsorship of the event, invited a special guest identified by each of the winners, as well as the colleagues who submitted the winning nominations, and presented each of the winners with a corsage or boutonnière.


And congratulations to these 2017 nominees:

Sylvia Alston  McKenzie Daniel  Jeanette Jansen
Ramona Basnight  Ronda Decker  Marian LaReno
Cheryl Brewer  Barbara Donadio  Teresa Lynch
Paul Clausing  Jill Engel  Meghann McCoy
Zachary Cockerham  Eve Hammett  Heather Mitchell
Spring 2017 RN Hiring Event – Huge Success!

On March 15, Duke Nursing hosted a March Madness–themed hiring event for new graduate and experienced registered nurses at the Duke Medicine Pavilion. More than 200 registered nurse candidates attended and nearly 25% of those participants were experienced nurses! Representatives from all three hospitals, Case Management, Duke Primary Care, HomeCare & Hospice, Private Diagnostic Clinics and PRMO interacted with potential candidates during the five-hour event.

“Our goal was to promote the best of Duke Nursing and [we] feel confident in saying that we achieved that by creating a welcoming and inclusive environment for our guests,” stated Gina Goodson-Allen, Director of DUHS Nurse Recruitment & Retention. This year’s event took on a completely new look and feel to include social marketing in partnership with Fusion Marketing and on-site continuing education opportunities in partnership with Duke Health Clinical Education & Professional Development. Goodson-Allen further expressed her appreciation, “thank you for daring to be different: new location, new marketing strategy, CE opportunities, etc.”

In case you missed the action, photography from the event can be viewed here. Photography courtesy of April McNeil, Duke Nurse Recruitment HR Specialist.

Get connected. Duke Nursing regularly shares hiring event information at dukenursing.org and on our social media pages, Facebook and Twitter.
In early March, DRH nurses unexpectedly lost a friend and co-worker, Georginna Myers. Georginna worked at DRH in Labor & Delivery for more than 20 years, and many DRH staff worked with her for the full length of her career.

Heather Talley, Nurse Manager, Operations, struggled with how she could make certain that every staff member who wanted to attend the memorial service could attend, while still ensuring the unit was adequately staffed. Heather spoke with DRH Associate Chief Nursing Officer John Hudson, who contacted Kim Wood, Clinical Operations Director, Labor & Delivery at DUH for support.

Heather tells the story of what happened next: “The team at Duke never hesitated. On Saturday morning, seven DUH nurses from L&D arrived at DRH ready to work so that the DRH nurses could celebrate the life of one of their own. The sight of these nurses walking into the department brought tears to the eyes of the staff. We will forever be grateful for this kindness.”

In a personal letter to each of the DUH nurses who supported their DRH colleagues, Mary Ann Fuchs said, “What a wonderful story about nurses supporting each other across our health system during a time of stress and sadness. Thank you for going above and beyond the call of duty to help your nurse colleagues in this very special way – caring for our patients, their loved ones and each other!
DRH nurses were able to attend their co-worker’s memorial service thanks to the kindness of the DUH nurses.

Nurses Appointed to New Leadership Roles

**Jill Engel, DNP, ACNP, NEA-BC, FAANP** was appointed Associate Vice President for DUHS Heart Operations, Nursing and Patient Care Services. Jill will be focused on continuing to advance the clinical practice of heart care across all of our sites within DUHS as well as those in Wake County that are part of [Heart Care Plus+](#).

**Mary Lindsay, MSN, RN, NEC-BC, CCRN-K** was appointed Associate Chief Nursing Officer for DUH effective March 1, 2017. Mary has been Clinical Operations Director in the Heart Center at DUH since 2007 and has prior Director experience in Emergency Services, as well as experience as a Clinical Nurse Specialist in surgical specialties from before her tenure at Duke. Mary has a BSN from Thomas Jefferson University in Philadelphia and a Master’s degree in Nursing from Columbia University in New York.

**Liset Denis, BSN, RN, CEN,** was appointed Nurse Manager, Operations for the DUH Emergency Department (ED) effective February 15, 2017. Liset has served as the Interim Nurse Manager of the ED since October of 2016. Liset is a graduate of North Carolina Central University and has worked with Duke Emergency Services since May 2005. During her tenure, she has worked as a preceptor, charge nurse, CNIV, educator and clinical lead. She has been an active member of the hospital-wide Code Blue committee, ED Clinical Practice Counsel, Pediatric Emergency Medicine Rapid Improvement Initiatives and onboarding and orientation of secondary staff and ED Techs.
Kim M. Slusser, MSN, BSN, was appointed Assistant Vice President, DUHS/Chief Oncology Nursing Services for Duke Cancer Institute, DUHS. In her new role, Kim is responsible for leading Nursing, Quality, Safety & Outcomes and Care Redesign, within the oncology service line at DUHS. Read more.

DANCE Career Expo
A Career Expo will be held on April 25th at the Durham Sheraton Imperial for all DUHS nurses who are pursuing their BSN, or have an interest in obtaining an advanced degree. Sponsored by DANCE, this session is packed with very important information to help nurses choose the right program and the right school for their needs. There will be representatives available from the various schools through NC to answer questions. First session registration begins at 8:30. This session will then be repeated in the afternoon with registration at 12:30 p.m. Nurses only need to register for one session.

Space is limited so register today! Registration information. For questions contact Katrina Green via email at Katrina.Green@duke.edu.

DRAH Work Culture Team Activities
Based on the combined results from the 2016 RN Excellence Survey, Work Culture Survey and SCORE Survey, more than 20 work culture teams from all DRAH clinical nursing areas are working to improve scores in creative and innovative ways. Common themes the work culture teams are focused on include: building resilience, reducing stress, promoting teamwork, and adopting TeamSTEPPS principles and activities provided by the DUHS Patient Safety Center.

Three work culture teams recently presented their activities, successes and best practices to the DRAH executive leadership team:

**Imaging Nursing Team – Karen Reavis, Nurse Manager.**
This work culture team is focused on promoting better sleep for nurses, as this was an area for improvement identified from survey scores. The team is participating in wellness activities and seminars to learn about good sleep habits, and adopting “group agreements” to support each other. For example, staff agreed to a “no caffeine after 4:00 p.m. rule,” and everyone makes a conscious effort to get more exercise and take the stairs more often. Nurses are reporting that these activities are helping them to get better sleep and be more rested during their shifts. This team also came up with a creative way to promote teamwork – birthday celebrations at offsite locations where staff gets together to enjoy a meal or a fun activity.

The Imaging Nursing Team frequently enjoys offsite team activities to promote teamwork.
**Same-day Surgery Work Culture Team.** Members of this work culture team, which includes Pre-admission testing, Pre-op, Post-op and PACU, presented the special recognition program they initiated called “Changing the TIDES.” The program is designed to recognize all staff members who live the DUHS values: Teamwork, Integrity, Diversity, Excellence, Safety. Staff members submit nominations, which are reviewed by a committee and then awarded to staff at staff meetings. In the first month of the program there were four nominations, and this month there are 12 nominations — evidence that the program is already successful! The team also focuses on keeping positive attitudes and thinking “outside the box” for addressing challenges.

**Cancer Center Hematology and Oncology Nursing Team – presented by Sara Syvinski, MSN, RN, ANP-BC, Nurse Manager, Alka Doshi, RN; Raechel Hill, RN, CTL; Shannon Pleasant, CMA.** This work culture team created clinic resource guides for float pool staff, to help familiarize them with processes and guidelines for caring for their specific patient population, and provide important contact information for various needs. The guides are owned by the entire team, and are regularly reviewed and updated. The team also implemented multidisciplinary staff meetings, which allow RN staff and providers to jointly discuss expectations and enhance nurse-provider relationships. Another way in which this team is addressing resiliency for nurses is by changing the number of shifts from five 8-hour shifts to four 10-hour shifts to promote better work-life balance.

All of the teams emphasized how they ensure ownership and accountability for the activities underway, how they intend to sustain the success they’re seeing, and how the work culture teams are expanding as more and more nurses want to participate and help spearhead the efforts. Following the presentations, the executive leadership team congratulated all of the teams on the hard work they are doing to improve the culture in their units, and committed to supporting and partnering with the teams in their efforts.

Priscilla Ramseur, Chief Nursing Officer, DRAH said: “DRAH is a great place to work! To sustain a healthy work environment during the constant changes that occur in healthcare requires team engagement. The nurse managers, team leads, culture champions and culture teams are ensuring that voices are heard and actions plan are executed. The action plans address our nursing excellence satisfaction, SCORE, and work culture surveys. I am truly proud of the positive progress.”
Lunch Relief Team Gives Float Pool NAs a Welcome Break

DUH team pictured left to right: Yolanda Smith, RN, Nurse Manager; Jessica Lopez, NA/HUC; Lashonda Whitfield, NA/HUC; Stacey Taylor-Willis, NA/HUC; Helen Hux, NA/HUC; Willie Godfrey, NA/HUC; Dora Gomez, NA/HUC; Victoria Babarinlo, NA/HUC; Dashanna McNeil, RN, CTL.

Float Pool Nursing Assistants/Health Unit Coordinators (NA/HUCs) Willie Godfrey and Helen Hux really enjoy break time – not their own breaks, but the breaks they give to other float pool staff through the lunch relief program.

NAs in the Float Pool (Duke Clinical Staffing Department) provide one-to-one supervision for high-risk patients. “Float pool staff may be attending to a patient for 8-12 hours straight during a shift, and it’s often difficult for them to step away for lunch or a break to rest for a few minutes,” said Willie. Multiple Float Pool staff members are trained to fill the lunch relief role, and a committee stays abreast of day-to-day issues, meets regularly and helps guide the role of the lunch relief team.

At the beginning of each shift, the team receives a list of NAs they will be relieving each day. Each NA receives two 15-minute breaks and one 30-minute break from their float pool colleagues. After the NA’s break is over, the lunch relief staff member moves on to the next person on the list. Lunch relief is provided 21 hours/day at DUH and 10 hours/day at DRAH. In addition, at DRAH, Marshika Judd, performs multiple roles. She functions as a transporter, HUC and other unit tasks as needed, including relieving unit HUCs for lunch. When Marshika is not available, her team members gladly fill in. Approximately 30 NAs are trained to fill the lunch relief role with several others showing interest in receiving the training.

Willie has been with Duke for 12 years, and Helen for 8 years. “The reason we started lunch relief was to make sure the NAs can take a break even on the busiest days, and then return to their patient more refreshed. And they are always so happy to see us!” said Helen. Dashanna McNeil, Clinical Team Lead, Float Pool Nursing Assistants, said, “This is a great example of teamwork for Float Pool staff – the NAs view lunch relief as part of their normal work, to help

DRAH Lunch Relief team member Marshika Judd, NA/HUC.
their colleagues reduce stress and be more effective in their important patient care roles. They do a fantastic job!”

**Nurses Night at the Legislature**

Several DRAH nurses attended "Nurses Night at the Legislature" on February 22nd at the NC Museum of Natural Sciences.

The North Carolina Nurses Association (NCNA), NCNA Council of Nurse Practitioners, NC Association of Nurse Anesthetists, and other professional nurses associations arranged this reception to connect NC Nurses with their elected officials [see flier](https://example.com/sflier). More than 200 nurses from across the state, representing 12 nursing organizations, attended this event, as well as more than 100 legislators and legislative guests.

The primary goal for the evening was to present a positive image of nursing, educate legislators about what nurses do for patient care, offer an opportunity for nurses to build a relationship with legislators, and follow up with legislators with an offer to serve as a resource for nursing and healthcare-related policy issues [see "Helpful Hints"].

The nurses all had specific reasons for attending the conference:

Ronda Decker: “I attended this event for several reasons. I have become more active in the local chapter of NCNA, and have come to realize how important it is for our voice to be heard when it comes to issues that affect nursing. I appreciated this opportunity to get to know my legislator, as well as other legislators in the state. I was able to hear from them, and to offer myself as a resource if there is legislation in front of them that pertains to health care. I was also able to network with other nurses from across the state.”

Stephanie Howard: “The reason I attended was because I am an ANA/NCNA member and also on the NP council. I am an MSN FNP student who will graduate from UNC Chapel Hill in May!”
Adrianna Musallam: “I attended to show legislatures that APRNs play a vital role in NC healthcare as a whole. I hope that the legislatures had a positive and enlightening experience with all the attendees and will agree on the Modernize Nursing Practice Act.”

**Pam Bowman Serves as Nurse of the Day**

NCNA supplies the Nurse of the Day (NOD) while the North Carolina General Assembly is in session, and Pam Bowman, BSN, RN, OCN, DUH 9300 Interim Nurse Manager, Clinical Lead RN, volunteered through NCNA to serve as NOD on March 9th. The role of the NOD is a valuable service to members of the General Assembly and the legislative staff.

Pam described her exciting day: “I am currently enrolled in a Masters of Nursing Leadership program through East Carolina University and am interested in health policy. In addition to providing nursing care to legislators and staff, I was able to attend two health committee meetings where bills were discussed before being brought to the House and Senate for consideration. One topic discussed in the House committee was the Strengthen Opioid Misuse (STOP) Act, HB243. This bill has implications for how Nurse Practitioners prescribe narcotics. A representative from the NC Board of Nursing spoke to ask the legislators to consider the full scope of nurse practitioners when referring to the language in the bill that requires them to have personal communication with physicians before prescribing. This was the first of many discussions for this bill. In the afternoon, the NOD was recognized in both the House and Senate sessions.”

**Gaye Currier Presents Senior Speech at UNCW**

Prior to the 2016 Commencement at UNC Wilmington, Gaye Currier, BSN, MS Ed., CRSPT, DUH Nurse Program Manager, Sterile Processing, was selected by the faculty and staff at UNCW to present the Senior Speech. Gaye was also featured in a magazine for pursuing her BSN at age 60.

“There have been many middle-aged nurses
who wonder if they can go back at their age … I sort of smile and say ‘sure, because I did it at 60!’” said Gaye.

Gaye has decided to retire from Duke and accept a position at Mission Health in Asheville as their Nurse Educator in Sterile Processing. “Nurses in sterile processing will be the future,” she explained. “Our collaborative work and best practice models are going to lead sterile processing forward into becoming an intricate part of the hospital’s mission of providing outstanding patient care. They also form an important bridge between the sterile processing department and the OR, because they have a better understanding of the intensity and demands of the OR.

As she leaves Duke for her new career, Gaye wanted to share some of her thoughts: “My outstanding nursing mentors and colleagues have prepared and enriched me beyond measure with knowledge to face the future with confidence and success. I will always be so proud of being a nurse at Duke and will continue to represent this fine institution with pride and dignity.”

**DRH Team Wins EDI Award**

The DRH Diversity Leadership Team won a Spring 2017 Equity, Diversity & Inclusion (EDI) award from the Duke Office for Institutional Equity. The team has been actively involved in diversity efforts in the hospital and community, working with the LGBTQ community on health care services, contributing to implementation of new healthcare policy for the care of transgender patients, promoting and providing information to front line staff on Gender Affirming surgery performed at DRH. Read more [here](#) and [here](#).

**Maestro Care Learning Home Dashboards**

Did you know that Maestro Care has on-board help? Learning Home Dashboards (LHDs) have been built into Maestro Care so that users can get help without leaving the application. LHDs contain announcements about the most recent updates to documentation, quick tips to help users through unfamiliar procedures, and links to LMS, the global Maestro Care library, the Service Desk, and more. Users are encouraged to check the LHD in their area once per week for new announcements and learning tools, etc.
There are six LHDs, each customized to the area or role served:

- Inpatient (Clin Doc)
- Emergency Department (ASAP)
- Peri-Operative (Optime)
- Women’s Services (Stork)
- Outpatient (Ambulatory)
- Provider’s Learning Home Dashboard

See the example below from the inpatient nursing learning home dashboard:

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**DUH Nurse Writes Test Questions for BMTCN**

Marybeth Tetlow, BSN, RN, CPN, BMTCN, CN IV, recently participated on a taskforce at the Oncology Nursing Society (ONS) in Pittsburgh to update the Blood and Marrow Transplant Certified Nurse Exam (BMTCN). The taskforce thoroughly reviewed survey results from the role delineation survey that over 3,000 BMT nurses received in December. With these survey results, the group closely examined the tasks and knowledge required of a BMTCN, and then updated the blueprint from which the exam is organized, and nurses can use it as a study guide. Marybeth said, “It was an awesome experience. I worked with about 12 amazing nurses from across the country who are involved in transplant – from clinical nurses, to coordinators, to educators, and even a nurse manager and a nurse practitioner. ONS planned and paid for the entire trip. The next step in the process of updating the exam is writing more questions.”
Marybeth Tetlow, front row far left, with other members of the BMTCN task force.

**DUH Nurses Attend ASBMT Conference**

Five nurses from DUH Unit 5200/Pediatric Blood and Marrow Transplant attended the American Society for Blood and Marrow Transplantation (ASBMT) Conference February 22-26 in Orlando, Florida. Kristen Ammon presented at the conference on work culture improvement:

"Not All Positive Cultures are Bad."

**Left to right:** Lauren Farlow, BSN, RN, CN IV; Catherine Newbold, BSN, RN CN II; Whitney Hawkins, RN, CN II; Michelle Smith, BSN, RN, CPN, CN IV; Kristen Ammon, MSN, RN, Nurse Manager.

**DRH Nurse Accomplishments**

Two DRH nurses recently published articles:


NCANS Conference

Twenty students from Watts School of Nursing (WSON) attended the North Carolina Association of Nursing Students (NCANS) Annual Conference on March 4-5, 2017. Attendees included students Amy Gira and Deb Julian, who were recently selected to serve on the board of directors for NCANS. The students were joined by Dr. Libby Carver from WSON, who was a panelist at the convention (far right on dais in photo), and DRH nurses Claire Bassett and Mary Beth Lenz.

Academic Progression

Congratulations to the following DRH nurses, who received nursing degrees between August and December, 2016:

- Kerian Anderson—MSN
- Shu Xu—MSN
- Devan Olshefski—BSN
- Stacy Jackson—BSN
- Val Larson—BSN
- Christopher Larson—BSN

Nursing Scholarships Available

NCNA is currently accepting 2017 applications for six different scholarship opportunities!

Mary Lewis Wyche Fellowship - $5,000
Eunice M. Smith - $1,000 or $2,000
Judy Knox Scholarship - $1,000
Carol Ann Beerstecher Nursing Scholarship - $5,000
NCNA Southwest Region Scholarship - $1,000
Rural RIBN Student Award - $2,500

To learn more about each scholarship and to apply – click here.

Please share with anyone who you think may be interested.
Applications for the Rural RIBN Student Award are being accepted now through March 31, 2017. All other scholarship applications are being accepted now through May 31, 2017.

All applications and nomination forms should be submitted to RNs@NCNurses.org.

North Carolina Nurses Association
103 Enterprise Street
P.O. Box 12025
Raleigh, NC 27605-2025
919-821-4250
1-800-626-2153
Fax: 919-829-5807
Email Us - Visit Our Website

WSON Students Continue to Make History

Four consecutive classes of students at Watts School of Nursing (WSON) have achieved a 100 percent pass rate on the National Council Licensure Examination for Registered Nurses exam. The national average pass rate on the exam is 85 percent, and the North Carolina pass rate was 85 percent for 2016. Fewer than 10 percent of all programs in the state achieve 100 percent pass in any given year. Read more.

Expanded Options for RN-BSN Program at WSSU

Winston-Salem State University (WSSU) offers nurses the opportunity to attain a baccalaureate degree through its RN-BSN program, one of the largest nursing programs in North Carolina. Starting this year, WSSU has added new, flexible options to the program to accommodate busy schedules and lifestyles, as well as recognize nurses’ existing competencies and experience.

WSSU RN-BSN Program Options

1. Competency-based education option (CBE) option. WSSU will pilot this option starting in the fall of 2017 with a small number of students, becoming the first nursing program in North Carolina to offer it. CBE is all online, with no classroom attendance required. At the onset of the program, students are provided with a list of competencies they will need to complete, and then finish the competencies at a pace that works for their schedules and lifestyles. Students take an evaluation to prove mastery in each competency before moving onto the next one, and if students don’t meet the competency the first time, another assessment can be taken at a later time. There are no assignments due at a specific time and nurses can adjust the pace of the course to meet their needs. This is an excellent option for motivated nurses who work well independently, who have extensive experience and who have a busy schedule that requires flexibility. With the CBE option, students can complete the entire program in as few as 9-10 months.
2. Online option. Prior to this year, the online option was offered only in the spring and summer, but starting in the fall of 2017, nurses can now register for this option every semester – spring, summer, and fall. This is a good option for students who prefer to do classwork part-time at their own pace, with complete flexibility. Nurses can take two classes per semester and finish the program one semester later, making it conducive to the nurse with a busy schedule who doesn’t want to be overwhelmed with class demands.

3. Traditional classroom option. WSSU’s traditional RN-BSN program is only three semesters, which is unique for nursing schools in North Carolina. Students take three classes each semester, one at a time with minimal overlap. Classes are held one night per week for four hours. Duke has a classroom dedicated to the RN-BSN program in Hock Plaza, and parking is free.

“Our program offers multiple avenues for nurses to attain their baccalaureate degree,” said Dr. Alfreda Harper-Harrison MSN, RN, CLNC, Interim Director, RN-BSN. “Many Duke nurses have participated in our program, both online and in the classroom at Duke Medical Center. We pride ourselves in offering a program that is flexible and very student-friendly for the busy nurse.”

Pam Edwards, EdD, MSN, RN-BC, FABC, CNE, CENP, Associate Chief Nursing Officer, Education, said “The RN-BSN program at WSSU is an excellent choice for Duke nurses, and I’m particularly excited about the new competency-based option that is being piloted in the fall semester. This option is the result of a novel partnership between the NC Community College system and the UNC system, and recognizes the experience and competencies that many nurses already have as they begin the baccalaureate program.”

Apply Now!

For Summer 2017 Semester – Deadline April 10th

For Fall 2017 Semester – Deadline July 10th

For more information and to apply for the RN-BSN program, visit the WSSU website:

Program information
Admissions information

For questions and additional information, contact the WSSU RN-BSN office directly: 336-750-2563 or 336-750-2828.

Safety Corner

Contributed by the Duke Patient Safety Center

“What’s good?”

Studies show that people who are burned out don’t even notice when good things happen around them. One way to shift our “good things radar” so that we notice the positives is to record three good things (big and small!) that happen at the end of each day. To make this
practice easy for people, we have designed a “Three Good Things” text-based tool. Participants who sign up receive 15 nightly texts that prompt them to record three good things that happened that day.

It’s simple, it’s quick, and it’s free. And people really enjoy it: 96% of prior participants said that they would recommend Three Good Things exercise to a friend, and 93% wanted to participate in Three Good Things again the following year.

In our research we’ve found that burnout, depression, and problems with work life balance are significantly reduced from baseline to after engaging in Three Good Things, and that the benefits last at least a year. In one group the number of those meeting criteria for depression was cut in half!


**Accreditation and Regulatory Affairs Corner**

The College of American Pathologists (CAP) is the laboratory accreditation agency for DUHS. **DUHS is expecting CAP to arrive for an unannounced survey sometime after March 27, 2017.**

The point of care (POC) testing requirements have been revised to reflect that “**storage areas**” for POC testing supplies must be stored and monitored per manufacturers’ recommendations. The CAP checklist (guideline) requires that the temperatures in these storage areas must be monitored and documented daily.

Various representatives from DUHS have collaborated on how to address this guideline, and would like to communicate the following guidance in the event a surveyor presents to your unit, and inquires about the storage of POC testing supplies:

DUHS has defined “**storage areas**” as clinical laboratories, Cardinal warehouse and designated material management “**storage areas**” where clinical laboratory reagents are stored in bulk. CAP guidelines require ambient air temperatures to be monitored, within these identified “**storage areas,**” to ensure ranges are maintained per the manufacturer’s recommendations.

Please note that areas/units/departments where POC testing is performed are defined as “**in use areas**”. These areas are not considered bulk storage areas and do not require ambient air monitoring.

If, at any time, a POC coordinator suspects an issue with the ambient air temperatures that are altering or have the potential to alter reagents, they will discuss concerns with the unit director/manager and develop a plan to meet the CAP requirements. The POC coordinator will then submit an SRS reflecting the concern and will notify appropriate laboratory leadership.

Please feel free to contact your POC representative with any questions or concerns you may have:
Nursing Grand Rounds @ DUH – April 11 and June 8

Two more Nursing Grand Rounds will be presented at Duke University Hospital (DUH) this fiscal year. Both activities will be in Duke North, Room 2002.

On Tuesday, April 11, Judy Prewitt, DNP, RN, AOCN, NEA-BC, Deborah “Hutch” Allen, PhD, RN, CNS, FNP-BC, AOCNP, and Staci Reynolds, PhD, RN, ACNS-BC, CCRN, CNRN, SCRN, will present “Evidence-Based Practice Competencies.” The activity will be from 10 to 11 a.m. The purpose of the grand rounds is “to enhance nurses’ knowledge of evidence-based practice competencies and implementation science.”

The three presenters bring a wealth of knowledge to this topic: Prewitt is the associate chief nursing officer for practice, magnet and research for Duke University Health System (DUHS); Allen is director of Nursing Research & EBP for DUHS; and Reynolds is a neuroscience clinical nurse specialist at DUH, a clinical associate for the Duke University School of Nursing (DUSON) and the coordinator for the Duke Advancement of Nursing, Center of Excellence (DANCE), a unique collaboration between DUSON and DUHS nurses.

Everyone is welcome to attend Nursing Grand Rounds; those who complete the activity (DEV1225-2*) will receive one continuing education unit.

Please save the date for Thursday, June 8, when Margaret Muir, MSN, RN CNML, will present “Improving the Patient Experience – Tips & Strategies to Enhance Connection.” The activity will be from 2 to 3 p.m. Muir is the strategic services associate for patient experience at Duke Regional Hospital.

For more information about Nursing Grand Rounds or other Friends of Nursing activities, please contact Jana Alexander (email or 919-681-5094).

Nursing Grand Rounds @ DRH – April 27

Friends of Nursing will present the grand rounds “Mindfulness, Well-Being and Resiliency” from noon to 1:30 p.m. on Thursday, April 27, at Duke Regional Hospital. Jeff Brantley, MD, who is an instructor for the Mindfulness-Based Stress Reduction Program at Duke Integrative Medicine, will lead the activity, which will be in the First Level Classroom.

No registration is necessary for Nursing Grand Rounds. Those who complete the activity (DEV1225-3*) will receive 1.5 continuing education units. For more information, please contact Jana Alexander (email or 919-681-5094).

*In support of improving patient care, DUHS Clinical Education and Professional Development is accredited by the American Nurses Credentialing Center (ANCC), the Accreditation Council for
Pharmacy Education (ACPE) and the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing education for the health care team.

Recognize an Exemplary Duke Nurse with a Nomination

Please review the award cycles that are open and plan to nominate an exceptional nurse for at least one recognition:

**April 5**  
International Transplant Nurses Society Excellence Award ([link](#))  
Awards webpage ([link](#))  
Nomination form ([link](#)); Nominator and Nominee must be ITNS members

**April 15**  
Great 100 Nurses of North Carolina ([link](#))  
Categories: Clinical, Administrative/Management, Education, Nontraditional Role, APRN ([link](#))  
Resources:  
- DUHS Great 100 Winners Spreadsheet ([link](#))  
- Great 100 DUHS Nomination form (internal) ([link](#))  
- Great 100 Nominee biographical information request ([link](#))  
- Great 100 Narrative questions ([link](#))  
- Great 100 Tips on Writing a Great Nomination ([link](#))

**April 15**  
Oncology Nursing Certification Corporation CPON/CPHON of the Year Award website ([link](#))

**April ?**  
American Association of Nurse Practitioners Leadership Awards ([link](#))  
Awards (from previous years):  
- Sharp Cutting Edge  
- Towers Pinnacle Award

**May 1**  
National Association of Neonatal Nurses / Nurse Practitioners ([link](#))  
Categories:  
- Leadership Award ([link](#))  
- Navigator Award ([link](#))  
- Neonatal Nurse Practitioner Excellence Award ([link](#))  
- Neonatal Nurse Practitioner Rising Star Award ([link](#))  
- Robyn Main Excellence in Clinical Practice Award ([link](#))

**May 31**  
North Carolina Nurses Association  
Website ([link](#))  
Categories:  
- Hall of Fame  
- Nurse of the Year (Administration, Education, Health Systems, Practice, Research)  
- Board of Directors Awards (Benefactor of the Year, Certificate of Commendation, The Frances Newsom Mill Award,
Legislator of the Year, Mentorship in Nursing, Outstanding Service, Political/Legislative, Rookie of the Year,

**June 1**  
**Wound, Ostomy & Continence Nurses Society – Southeast Region** ([link](#))
Awards:
- Nurse of the Year ([link](#))
- Rookie of the Year ([link](#))

**June 1/July 1**  
**Oncology Nursing Society Research Career Development Award** ([link](#))
Letter of intent due: June 1; application due: July 1

**June 15**  
**ONS Foundation Awards** ([link](#));
Online submission instructions ([link](#))
Awards:
- Josh Gottheil Memorial BMT Career Development Awards ([link](#))
- End-of-Life Care Nursing Career Development Award ([link](#))
- Pearl Moore Career Development Awards (for staff nurses) ([link](#))

**Open**  
**Home Healthcare Nurses Association** ([link](#))
America’s Top Nurses in Home Care and Hospice ([link](#))

**July 15**  
**Sigma Theta Tau International – Chapter Key (biennial)** ([link](#))
Submissions considered for: Ethel Palmer Clarke Award for Chapter Excellence

**Dec. 1**  
**Oncology Nursing Certification Corporation**  
Website ([link](#))
Categories:
- AOCN of the Year ([link](#))
- BMTCN of the Year ([link](#))
- CBCN of the Year ([link](#))
- OCN of the Year ([link](#))
- Pearl Moore Certification Champion ([link](#))

Details about award cycles are on the Friends of Nursing Intranet / [External Awards](#). A pdf document of the cycles is also available online: [link](#).

Please notify Jana Alexander, director of special programs for DUHS Nursing, about all nominations that are under way: email or 919-681-5094. She maintains a database of nominations and is available to assist with editing and proofreading.

**Nurses in the News**  
**Bone marrow transplant patient turned ABMT Nurse awarded**  
**Success over stress: DUH nurse learns to manage stress, commits to helping others**
Duke Interprofessional Clinic Treats 1,000th patient

DUH Nurses Share Stress Management Tools

Special Nurse Pinning Ceremony

Duke Nurse Retirees
Congratulations to our colleagues who have recently retired or will be retiring soon:

<table>
<thead>
<tr>
<th>DUHS Entity</th>
<th>Last Name</th>
<th>First Name</th>
<th>Title</th>
<th>Years of Service</th>
<th>Unit</th>
<th>Retirement Date</th>
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<tr>
<td>DUH</td>
<td>Bride</td>
<td>Wanda</td>
<td>Administrative Manager, Clinical Services</td>
<td>43</td>
<td>Heart Services</td>
<td>03/31/17</td>
</tr>
<tr>
<td>DUH</td>
<td>Currier</td>
<td>Gaye</td>
<td>Clinical Lead RN</td>
<td>21</td>
<td>Cardiothoracic OR</td>
<td>03/17/17</td>
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<tr>
<td>DUH</td>
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<td>Naima</td>
<td>Clinical Nurse III</td>
<td>31</td>
<td>Eye Center-PACU</td>
<td>03/31/17</td>
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<td>DUH</td>
<td>Wuest</td>
<td>Debra</td>
<td>Clinical Nurse II</td>
<td>6</td>
<td>Cardiology Unit</td>
<td>03/30/17</td>
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NOTE: Please do not send retiree information directly to the Nursing Newsletter email address. Managers should refer to the “Retiring Nurse Recognition” policy for instructions.

New Certifications
Congratulations to these nurses who have recently received a new certification:

<table>
<thead>
<tr>
<th>DUHS Entity</th>
<th>Last Name</th>
<th>First Name</th>
<th>Title</th>
<th>Unit</th>
<th>Certification</th>
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<tr>
<td>DRH</td>
<td>Maxmeister</td>
<td>Christine</td>
<td>CNII</td>
<td>CNO</td>
<td>CCTN</td>
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<tr>
<td>DRH</td>
<td>Versola</td>
<td>Lorrie</td>
<td>CNIV</td>
<td>Mother Baby Gyn</td>
<td>MNN</td>
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<td>Olivia</td>
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<td>Christopher</td>
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<td>CCTN</td>
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<td>DUH</td>
<td>Hayes</td>
<td>Zoe</td>
<td>CNII</td>
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<td>CMSRN</td>
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<td>DUH</td>
<td>Russomagno</td>
<td>Samantha</td>
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<tr>
<td>DUH</td>
<td>Casassa</td>
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<td>CNII</td>
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<tr>
<td>DUH</td>
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<tr>
<td>DUH</td>
<td>Sito</td>
<td>Elizabeth</td>
<td>Nurse Manager Operations</td>
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<td>CNML</td>
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<tr>
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<td>Engel</td>
<td>Rosemary</td>
<td>CNIII</td>
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<td>CMSRN</td>
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<tr>
<td>DUH</td>
<td>Kerr</td>
<td>Stephanie</td>
<td>CNIII</td>
<td>CDU Southpoint</td>
<td>PCCN</td>
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<td>DUHS Entity</td>
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<td>First Name</td>
<td>Title</td>
<td>Unit</td>
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<td>DUH</td>
<td>Bull</td>
<td>Kristina</td>
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<tr>
<td>DUH</td>
<td>Lawlor</td>
<td>Quinn</td>
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<tr>
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<td>Znidarsic</td>
<td>Madeleine</td>
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<tr>
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<td>Stacey</td>
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<td>DUH</td>
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<td>Roxanne</td>
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<td>Jill</td>
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<td>DUHS Associate VP Heart Services</td>
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<td>DUH</td>
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<td>Garisha</td>
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<td>DUH</td>
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<td>DUH</td>
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<td>CNIV</td>
<td>OR Weekends</td>
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<td>DUH</td>
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<td>DUH</td>
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<td>Christine</td>
<td>CNII</td>
<td>5300 Ped Unit</td>
<td>CPN</td>
</tr>
</tbody>
</table>

**Upcoming Events and Opportunities**

**Duke Nursing Recruitment Event**

New to the OR  
Thursday, April 13  
7:45 a.m. – 3:00 p.m.  
Searle Center at Duke University Hospital  
New and experienced nurses are encouraged to learn more about the unique opportunities found in the operating room. Registration is required; contact Dalfanee Leach-Keyes, DUHS Perioperative Services recruiter, at dalfane.keyes@duke.edu for complete details.

**DUSON Events**

**Pediatric Workshop**
DUSON will host a Pediatric Behavioral and Mental Health Assessment and Management workshop on April 8. The one-day workshop is open to physicians, pharmacists, nurses and allied health students/providers who work in pediatric primary and acute care settings or in schools or school-based health center.

The DUHS Department of Clinical Education and Professional Development is providing continuing education for the health care team for up to 6.5 credits. Learn more about the conference and register online. Duke employees and alumni are eligible for a special 10% discount for this program. Use VIP Code PBMHAM10.

**Beta Epsilon 2017 Spring Program**

*The Story of a Wounded Soul and the Journey Towards Healing*

Presentation and Inter-Professional Panel Discussion on Mental Illness & Substance Abuse

Location: DUSON Room 1026, Pearson Building

Date: April 13, 2017

Refreshments: 5:00 p.m.

Program: 5:30 – 7:00 p.m.

Guest Speakers:

Jeremiah Lin

Jessica Tan, ABSN

Dr. Andrew Muzyk, Pharm D

Dr. Shelley Holmer

Chad Sanders, BSN, Clinical Instructor

For more information visit: [http://nursingawoundedsoul.wordpress.com](http://nursingawoundedsoul.wordpress.com). Presented by Sigma Theta Tau International (STTI) Beta Epsilon Chapter.

**Duke Campus Club**

Spring 2017 brings fun filled activities! Duke Campus Club, an organization connecting Duke-affiliated women, has a number of exciting activities planned this spring.

The Annual Trip this year is scheduled for April 5th to Winston-Salem. Enjoy a full day of fun, food, and interesting sights in this charming city with German roots. Members and their guests are invited.

Members convene on April 20th for the Annual Meeting and election of officers, followed by a Spring Party. The meeting starts at 5:00 p.m. at the Millenium Hotel, Campus Walk Drive in Durham. Entertainment will be provided by “Out of the Blue,” a female a cappella group from Duke University.

Finally, Friday evening, June 9th, 2017, Duke Campus Club will be celebrated at the Durham Bulls night. Members and guests enjoy a baseball game followed by a fireworks display. More information on the Winston-Salem trip, Annual Meeting and Spring Party, and Durham Bulls night can be found at [dukecampusclub.com](http://dukecampusclub.com).

Not a member? You can join on the website at [dukecampusclub.com](http://dukecampusclub.com). For annual dues of only $25.00 you are connected to a wonderful group of Duke affiliated women and to over 30 day and evening interest groups as well as numerous programs and special activities. Come join the fun and friendship!
Calendar

April 8  DUSON Pediatric Behavioral and Mental Health Assessment and Management Workshop
Location:  Duke University School of Nursing

April 11  Nursing Grand Rounds @ DUH
Time:  10 – 11 a.m.
Topic:  Evidence-Based Practice Competencies
Presenter:  Judy Prewitt, DNP, RN, ANP-BC, AOCN
Associate Chief Nursing Officer Practice, Magnet, Research
Duke University Health System
Deborah “Hutch” Allen, PhD, Rn, CNS, FNP-BC, AOCNP
Director of Nursing Research & EBP
Duke University Health System
Staci Reynolds, PhD, RN, ACNS-BC, CCRN, CNRN, SCRN
Neuroscience Clinical Nurse Specialist
Duke University Hospital
Clinical Associate / DANCE Coordinator
Duke University School of Nursing
Location:  Duke University Hospital, Duke North Room 2002
Course#:  DEV 1225-2
CEUs:  1.0
Flier:  Link

April 13  DUHS Nursing Open House Event – New to the OR
Time:  7:45 a.m. – 3:00 p.m.
Location:  Searle Center at Duke University Hospital

April 19-20  Medical-surgical certification review class – DRH
Time:  7:30 a.m. – 4:30 p.m.
Location:  DRH Main Auditorium

April 27  Nursing Grand Rounds @ DRH
Time:  Noon – 1:30 p.m.
Title:  Mindfulness, Well-Being and Resiliency
Presenter:  Jeff Brantley, MD
Instructor
Mindfulness-Based Stress Reduction Program
Duke Integrative Medicine
Location:  First Level Classroom, Duke Regional Hospital
Course#:  DEV 1225-3
CEUs:  1.5
Flier:  Link
June 8  Nursing Grand Rounds @ DUH – SAVE THE DATE
Time:  2 – 3 p.m.
Title:  Improving the Patient Experience – Tips & Strategies to Enhance Connection
Presenter:  Margaret Muir, MSN, RN, CNML
Strategic Services Associate, Patient Experience
Duke Regional Hospital
Location:  Duke University Hospital, Duke North Room 2002

June 22  Friends of Nursing Seminar – SAVE THE DATE
Time:  7:30 a.m. – 4 p.m.
Title:  The Dauntless Nurse: Leading from Within
Presenter:  Kathleen Bartholomew, MN, RN
Internationally acclaimed speaker and educator
Location:  Brier Creek Country Club
9400 Club Hill Dr.
Raleigh, N.C.

Nov. 4  Friends of Nursing Gala
Time:  5 – 11:30 p.m.
Venue:  Durham Convention Center

Find Duke Nursing on Social Media

Duke Nursing has active accounts on Facebook, LinkedIn and Twitter. The content of these accounts is geared to the interests of current and prospective nurses. All DUHS nurses are invited to connect via these social media accounts:

Facebook:  Duke Nursing Careers
Twitter:  @DukeNursingJobs
LinkedIn:  Duke Nursing Careers

Please share professional highlights by sending content to the Duke Nurse Recruitment Office at DUHSNurseRecruitment@dm.duke.edu

Nursing News is published monthly for the DUHS nursing community.
Editor in Chief:  Lori Malone, Communications Director, DUHS Nursing

Content submissions: If you would like to submit an article or story idea for the newsletter, please send information to: nursingnewsletter@dm.duke.edu. The deadline for content is the 20th of each month.

Subscriptions: If you have a nursing colleague who is not receiving the newsletter, please ask him/her to send a subscription request to nursingnewsletter@dm.duke.edu.

Archives: Previous issues of the newsletter can be found on the “DUHS Nursing” page of the intranet here.