



**FRIDAY
DECEMBER 1,
2017**

9AM - 5PM

**TRENT SEMANS
CENTER**

**DUKE
UNIVERSITY**

For more information contact
the organizers:
Dr. Elizabeth A. Finch
Dr. Christina L. Williams

a symposium on

Exercise and the Brain

Physical exercise has emerged as a powerful strategy for promoting and maintaining brain health and resilience. Recent advances are identifying molecular mechanisms that mediate these salutary effects, providing clinical evidence for the efficacy of this approach in humans, and devising novel strategies that include exercise for treating neurological conditions. This interdisciplinary symposium will highlight advances in this field and aims to foster discussion and collaboration to better understand the impact of exercise on brain health.

Keynote speakers: Laura Baker (Wake Forest Univ.), Monika Fleshner (Univ. of Colorado), Art Kramer (Northeastern Univ.), and Henriette van Praag (NIH/NIA). Additional talks by Duke and UNC faculty.

Register Here

<https://dibs.duke.edu/node/9601>



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